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City closer to injection site

HEALTH

Province gives group grant to help fight fentanyl crisis

 **Alex Boyd**
Metro | Edmonton

Edmonton could become the second Canadian city to offer supervised consumption sites for drug users as Alberta works to combat hundreds of deaths linked to fentanyl overdose.

Brandy Payne, Alberta's associate minister of health, says Alberta will give an Edmonton group called Access to Medically Supervised Injection Services a \$230,000 grant to apply for an exemption from drug laws from the federal government to allow a safe site to be set up.

Shelley Williams, chair of the organization, says at least eight months of work remains before the application is submitted, including community engagement.

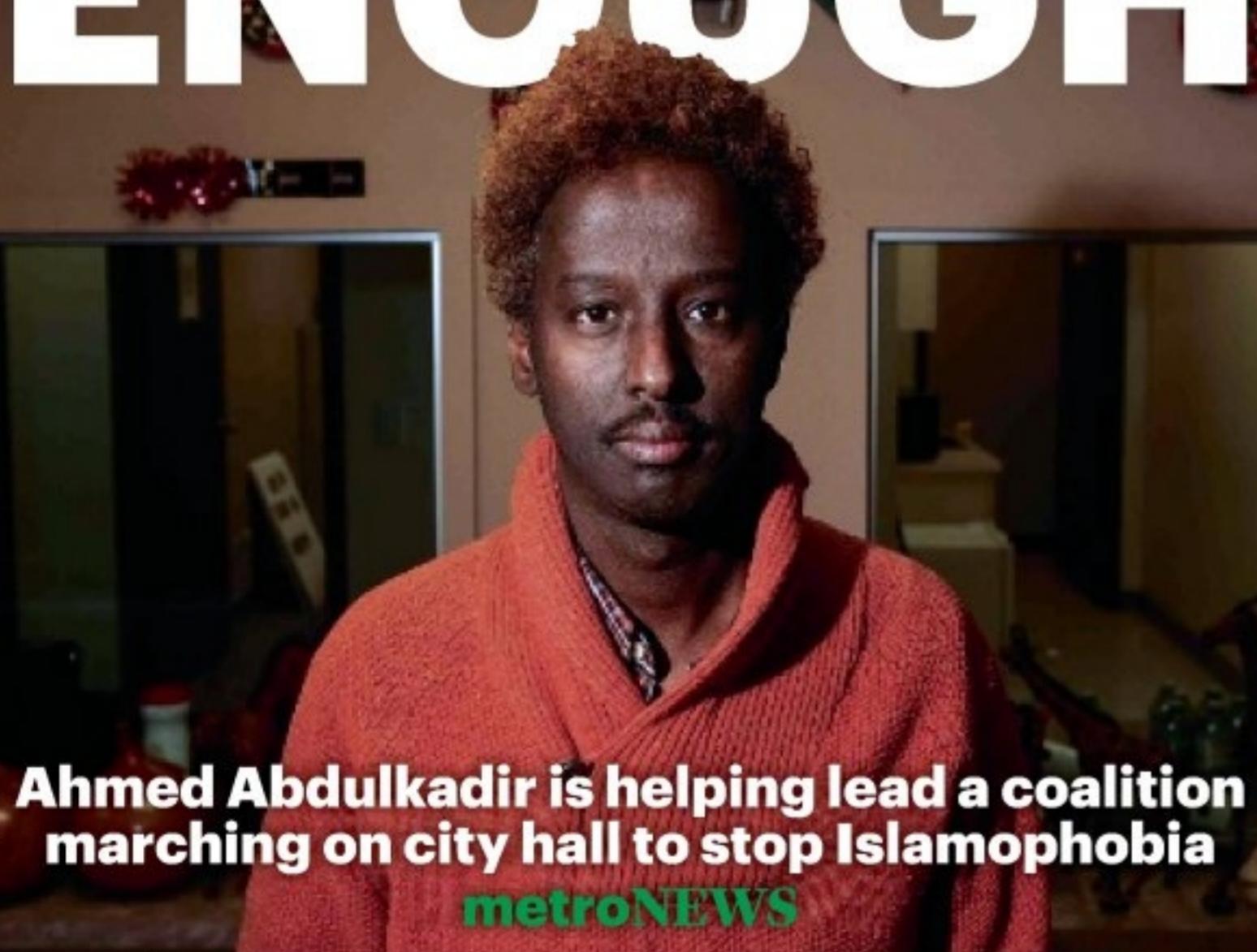
She adds the group, which brings together 25 organizations, has worked towards a opening a site for the last five years, because they say the data shows a

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ENOUGH



Ahmed Abdulkadir is helping lead a coalition marching on city hall to stop Islamophobia

metroNEWS

CODIE MCLACHLAN/FOR METRO

supervised site would prevent overdoses.

"This allows people to have an important health service and keeps citizens of Edmonton alive," she said.

Elaine Hyshka, an assistant professor of public health at the University of Alberta and a member of the group, says the plan isn't for Edmonton to copy Insite, the Vancouver-based supervised consumption site that is currently Canada's only facility of its kind. Instead, she says the group is examining an integrated service concept, where there wouldn't be one site but rather organizations that are already providing help to people who use drugs in Edmonton would simply add supervised consumption to their services.

"This demonstrates a clear commitment to addressing the crisis of overdoses that the province is facing," Hyshka said.

Payne also announced Thursday that Alberta is expanding access to opioid replacement therapy and working with doctors to improve prescription drug monitoring. As of Sept. 30, 193 Albertans have died due to overdoses related to fentanyl, compared to 205 deaths during the same period last year. WITH FILES FROM AMEYA CHARNALIA/FOR METRO AND THE CANADIAN PRESS

A grieving mother's story, metroNEWS



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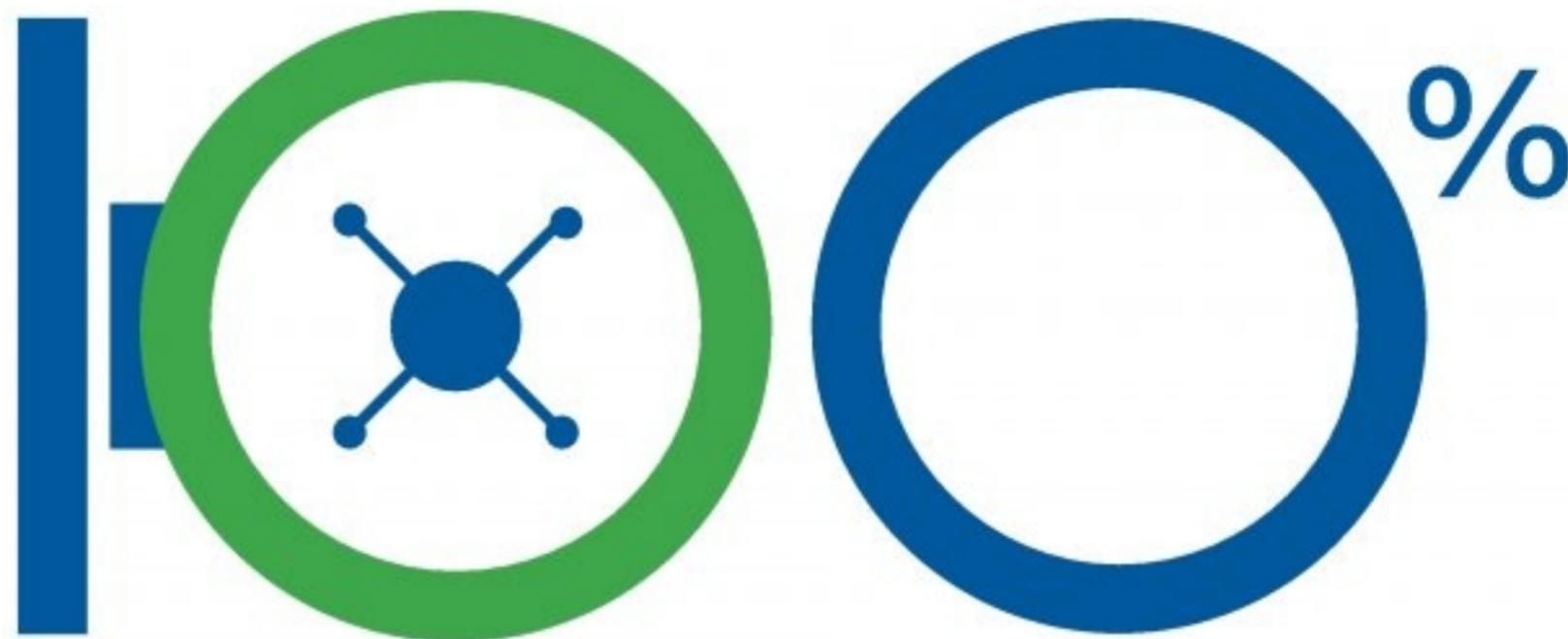
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The case of the missing mural

ART

Removal of owl sparks debate among artist, elder, worker

Kevin Maimann
Metro | Edmonton

There was an owl mural on the side of the iHuman Youth Society, and now there's not — and the fact it has been painted over has sparked a debate about symbolism in public art.

AJA Louden, Evan Brunt and Erik Smallboy painted the piece in September as part of the Rust Magic Street Mural festival, but the iHuman board — a group that works with at-risk youth through art — painted over it last week after learning the significance of the owl in Cree teachings.

The owl has a connection to death and spirits, which was emphasized in a sharing circle iHuman held, which included Cree elders as well as the mural artists after the

“

The idea was that the owl was flying through, waking people up.

AJA Louden

piece was done.

“Given that 80 per cent of our youth would self-identify as indigenous, and that our building is on Treaty 6 land, we felt it was important to honour those teachings that we were given and to make that decision,” said iHuman executive director Catherine Broomfield.

“We knew there were people who might not agree or would be upset by that decision, but (it was) what we felt we needed to do in the spirit of reconciliation.”

Louden, who has worked with iHuman on various projects, was surprised to catch wind of the decision three weeks after the sharing circle.

He based the piece on a smaller mural he made for the building's inside lobby, which he said he discussed extensively with a Cree elder who explained to him that the symbol of death and danger was wholly appropriate in context.

“The iHuman Youth that live there, a lot of them are homeless or between houses,” Louden said.

“It's something that's very real for them, this death and danger. They lose friends every year. They lost some youth this summer, for example.”

Louden spoke with iHuman staff and youth to gather ideas to incorporate into the mural before he started on it.

He gave the owl glasses to show wisdom, and wove boom boxes into its wings to represent the importance of music, especially hip hop, to



AJA Louden and Evan Brunt painted this mural with emerging youth artist Erik Smallboy in September, as part of the Rust Magic Street Mural Festival. COURTESY AJA LOUDEN



The wall on Wednesday, after the mural was painted over. CODIE MCLACHLAN/METRO

iHuman youth.

The owl was breaking chains with its feet, with skulls and images of death and addiction below.

“The idea was that the owl

was flying through, waking people up, and just bringing positive vibes, positive energy,” Louden said.

“We wanted to represent the different things the owl

means to a lot of different people.”

The Rust Magic contract stipulated that the mural could be removed after a month.

SYMBOLISM

Owl can be viewed differently: Elder

Gary Moostoos, a Cree elder who lives in Edmonton and has worked with youth at iHuman, says the removal of the owl mural was “disappointing and disheartening.”

Moostoos discussed the symbolism of the owl with artist AJA Louden before the mural was painted last month, and was touched by its meaning.

“In Cree territory, it is a messenger of death. But, in saying that, it's not only physical death,” Moostoos said. “It's also emotional, mental and spiritual death. He brings a message that something has moved on.”

When an owl came to Moostoos in a dream years ago, he understood it as a symbol that he had overcome the addictions he struggled with for much of his life.

For Moostoos, the owl in the mural represented facing fears and shedding light on the darkness in all of us.

“It's 2016 and we don't burn witches anymore,” he said. “We always run away from the fear, and this is our opportunity for our youth to meet that fear head on. They're not the ones who are afraid, and you're transferring that fear onto them.”

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Third-party transit app a hit

TECHNOLOGY

Bus-tracking software more popular than city's version

Jeremy Simes
Metro | Edmonton

They both tried to make your bus trip easier, but one sort of flopped while the other appears to actually work.

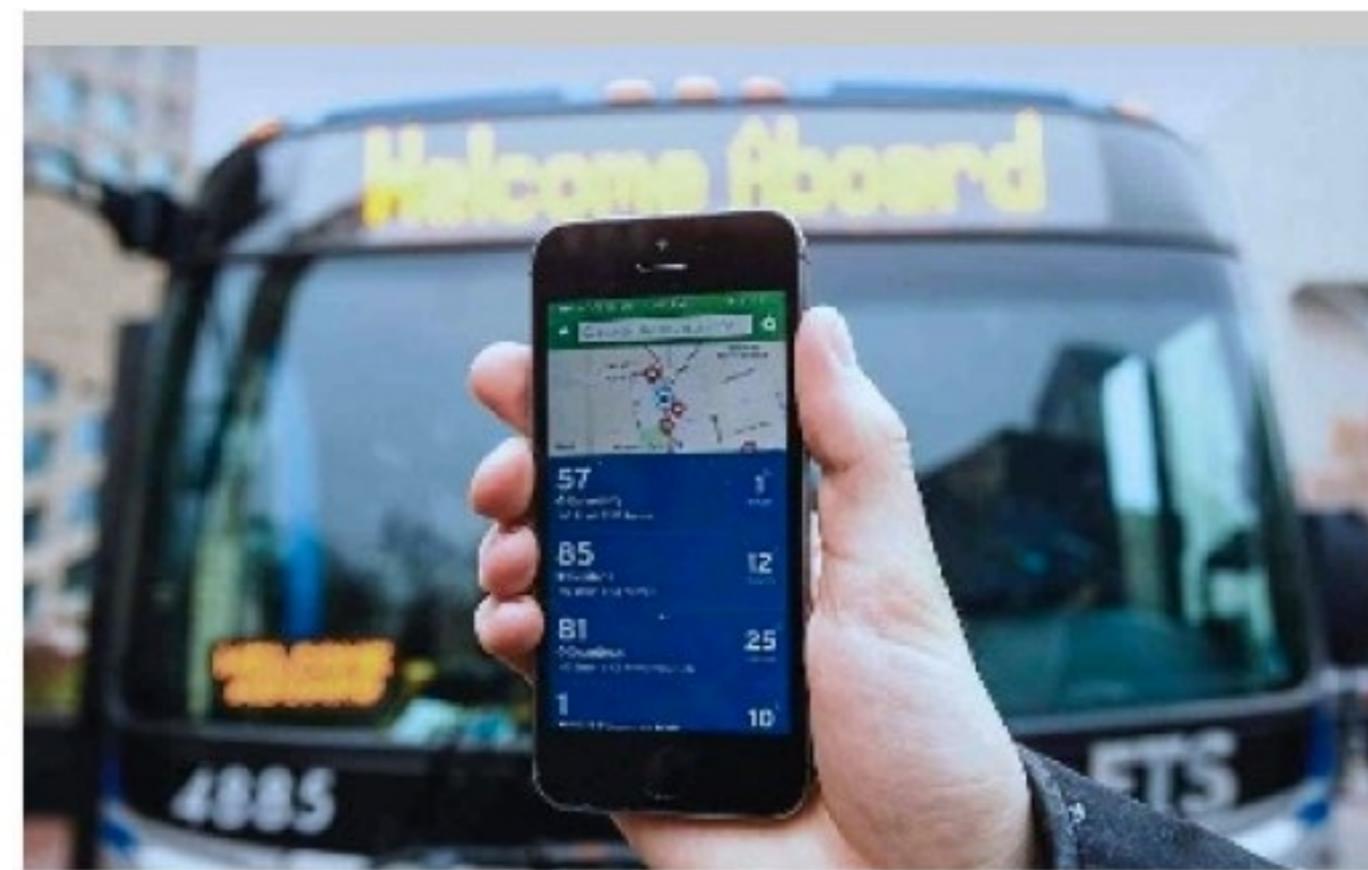
That's according to online reviews of the ETS Live to Go app and the Transit app, which both track buses in the city.

The difference is that the first was developed by the city, the second by a third-party developer.

"Very poor," said one user, who gave the city's ETS app a one-star rating on the Apple App Store.

"Basically a paper schedule."

In fact, the ETS app has seen a downward trend in downloads ever since the city announced you could use



Edmontonians aren't exactly raving about City of Edmonton apps, but the new privately created transit app has got some fans. CODIE MCLACHLAN/FOR METRO

Transit earlier this week, according to Keith Wu, team lead at the city's mobility centre.

Wu said it costs more for the city to operate and create its own apps, compared to having third-parties run them.

This will further empower the community.
Priya Bhasin-Singh

"Apps can be pretty costly," he said.

"It can cost \$10,000 to \$150,000 for one platform."

For instance, Wu said it costs the city \$15,000 to \$25,000 to operate ETS Live to Go, which has gotten 82,807

downloads. The city spent an additional \$200,000 on the web tools required to run it.

But ETS Live To Go isn't the only city app with poor ratings.

According to app stores on Apple and Google, the Smart Travel App had an average rating of one-and-a-half stars.

But despite the negative reviews, ETS's Priya Bhasin-Singh said the app filled the gap when open data wasn't available.

"As much as there is negative reviews, it's important to highlight it was the only option at the time," she said.

"It filled that void."

However, Bhasin-Singh acknowledged the city is migrating toward third-party solutions with open data.

"If they do what they do well and we do transit, let's keep those options open for third-party app developers," she said.

Wu said the mobility centre team is promoting open data.

"This will further empower the community," he said.

Bhasin-Singh said there are no immediate plans to remove the ETS app.

7,800

The Edmonton Police Service app saw 7,800 downloads.

\$30K

It costs \$30,000 for the Edmonton Public Library to operate its app for three years.

\$10K

Annual cost to the city to operate the Edmonton Police Service App.

9,719

Number of times the 311 app has been downloaded

SHARE YOUR FEEDBACK

Proposed rezoning of properties in McCauley

You are invited to a Public Open House to discuss a proposed rezoning for a portion of 96 Street NW in McCauley known as "Church Street."

The rezoning would create a (DC1) Direct Development Control Provision to encourage the preservation of the area's unique collection of 12 culturally, historically and architecturally significant churches. The rezoning would also include the following:

- regulations for future development to be designed in a manner compatible with the existing church buildings
- the opportunity for low & medium density housing
- limited commercial opportunities at certain locations

Date: Wednesday, November 2, 2016

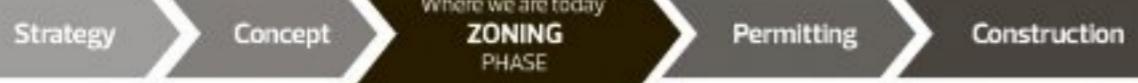
Time: 6:30 – 8:30 p.m. **Location:** Studio 96, 10909 – 96 Street NW, Edmonton, AB

The proposed area generally follows both sides of 96 Street NW between 106 & 110A Avenue NW.

To facilitate the proposed development, an amendment to the Boyle Street/McCauley Area Redevelopment is required to change a zoning map only. The rezoning is in line with policies and objectives of the plan.

The City is looking for your input on the proposed rezoning.

For more information: Andrew McLellan, Planner
P: 780-496-2939 E: andrew.mclellan@edmonton.ca



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Learn more about and get involved in City issues affecting you and your neighbourhood.
Go to www.edmonton.ca/PublicInvolvementCalendar for a list of public involvement opportunities.

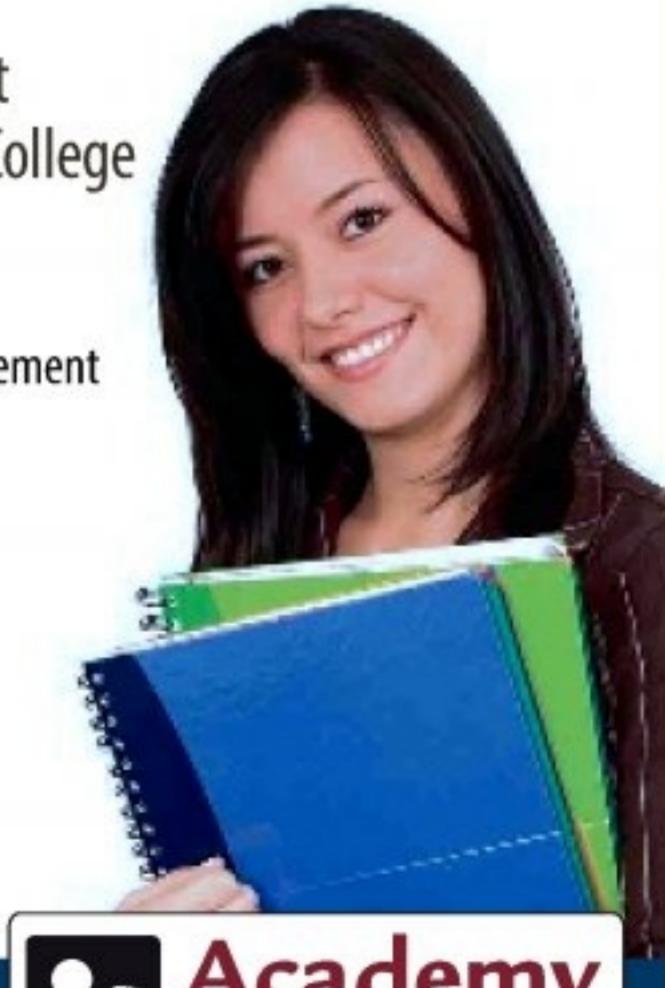
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* **Downtown Division Station**
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Northeast Division Station
14203 - 50 Street
780-426-8100

* Indicates the station closest to McDougall.

Southeast Division Station
104 Youville Drive East
28 Avenue & 58 Street
780-426-8200

Southwest Division Station
1351 Windermere Way
780-426-8300

West Division Station
16505 - 100 Avenue
780-426-8000

For those who cannot attend a community station and require police assistance, please call the EPS dispatch line at **780-423-4567**.

In the case of emergencies, individuals should dial **9-1-1**.

To report crimes online and for further information, go to www.edmontonpolice.ca

EDMONTON
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Mom 'emotional' at launch of site

HARM REDUCTION

Petra Schulz's son Danny died from fentanyl at the age of 25



Alex Boyd
Metro | Edmonton

When Danny Schulz overdosed on the opioid fentanyl, he died alone in his apartment in downtown Edmonton, as no one was around to help.

Two years later, his mother, Petra Schulz, believes a supervised consumption site might have saved her youngest son. So when the Alberta government announced funding Thursday to explore a plan for a safe consumption service in the city, Petra was there.

"It was just happy tears, it was very emotional," she said.

Supervised consumption sites, or services, are based on the concept of harm reduction.

If a person is going to take a deadly drug, the idea is that they don't need to do it alone, or on the street. And if they overdose, there should be someone there to help.

The Alberta government said data shows safe sites prevent overdose deaths and also help connect vulnerable people with other services. Data also shows they do not increase drug use and criminal activity.

"Evidence supports harm reduction strategies as an effective way to address opioid misuse,"



Petra Schulz and her youngest son Danny. His death turned her into a passionate advocate for harm reduction. CONTRIBUTED

Harm reduction means keeping them alive so they can make a better decision another day.

Petra Schulz

Chief Medical Officer of Health Dr. Karen Grimsrud said, in a release.

As part of their new strategy, the Alberta government is also expanding opioid replacement therapy and improving prescription drug monitoring. Petra said 66 people died of fentanyl overdoses in 2013, and the numbers almost doubled in 2014, to 120—of which Danny was one.

"What other health condition can you imagine where 120 people died and there aren't even public health warnings?" she said.

Petra said Danny was "big hearted" — a chef who could

play the guitar and drums. He was in recovery and working hard to get his life on track when he relapsed, she said.

His death turned her into an advocate for harm reduction, which she does not equate with turning a blind eye to drug use.

"Harm reduction means keeping them alive so they can make a better decision another day," Petra said.

"When it comes to people with substance abuse, sometimes people are not ready or not able to make that change in their life to seek treatment. You need to keep them safe so they still have time."

ANTI-RACISM

Muslim community rallies to end Islamophobic incidents



Ameya Charnalia

For Metro | Edmonton

A coalition of more than 80 groups will converge at city hall Friday to denounce the recent spike in Islamophobia in the city.

"Stand Up Against Hate and Embrace Love" is being held as a response to several incidents, from Islamophobic posters being distributed in various Edmonton neighbourhoods over the past few weeks to a Syrian refugee family's car being doused in acid.

"We cannot let hate win the moment," said Ahmed Abdulkadir, executive director of the Ogaden Somali Community of

Alberta Residents. "We're not going to allow bullies to dictate how we feel and who we are and we want to show that Muslims are a part of the Canadian fabric."

Edmonton police confirmed there have been five instances of Islamophobic posters distributed in various neighbourhoods. The most recent posters were distributed to mailboxes in the north Edmonton neighbourhood of Evansdale last weekend. It was the most graphic of all the posters, expressing hateful language and imagery.

"We applaud what the mayor's doing in terms of [the anti-racism campaign] Make It Awkward," Abdulkadir said, referring to a program launched in September

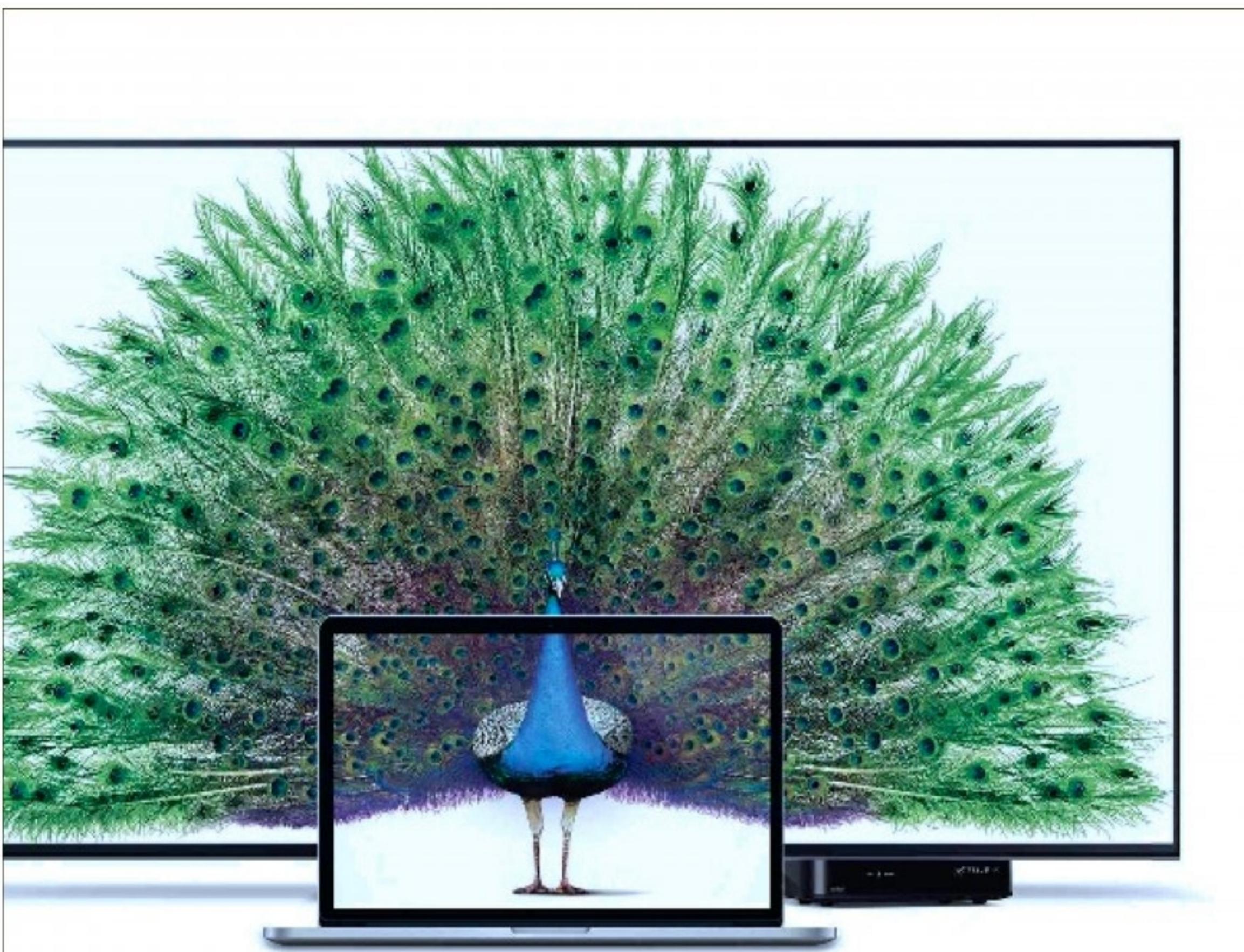


Ahmed Abdulkadir, with others working to stand up to hate. CODIE McLACHLAN / METRO

to combat racism.

But, he said, more is needed.

"This is beyond making it awkward right now. We want to figure out how our community can feel safe at this time because the community is not feeling safe."



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SAFETY

Carbon monoxide risk up as temps dip



**Kevin
Maimann**
Metro | Edmonton

Officials are urging Edmontonians to watch out for a silent killer creeping into their homes.

Carbon monoxide poisoning is a growing risk going into the colder months, according to Alberta municipal affairs fire safety officer Ross Bennett.

"It's much more prevalent in the winter and fall," Bennett said.

"Wintertime of course we fire up furnaces, fireplaces, candles, all those nice little heat sources."

Carbon monoxide is a byproduct of combustion and is given off by anything that burns. The problem comes when people start leaving windows closed to keep out the cold, or cars running in attached garages.

Early symptoms are flu-like, including headaches, and are sometimes dismissed as such.

Six members of a south Edmonton family had to be treated after suffering carbon monoxide poisoning in their home earlier this month.

Bennett said it's important to check furnace filters, make sure chimneys are cleared of

debris, and always warm up your vehicle outside. He said carbon monoxide does not discriminate between new and old homes.

"Your body likes carbon monoxide more than it does oxygen. If it has a choice of taking oxygen or carbon monoxide, it will take the carbon monoxide, which is not a good thing," he said.

Bennett urges Edmontonians to get carbon monoxide detectors, which were not required under provincial building codes until 2006. If you do have one, make sure to replace it every seven to 10 years and check the batteries annually.

"A lot of people don't even know if they (have one) or don't," Bennett said.

"They're an extremely cheap way of being safe."

If you suspect carbon monoxide poisoning, Bennett said you should leave your home and call ATCO or the fire department.



They're an extremely cheap way of being safe.

Ross Bennett, on detectors

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5

THINGS TO WATCH FOR DURING THE LEGISLATURE'S FALL SESSION

Alberta MLAs are set to strap on their boots starting Monday, in what is expected to be another fiery legislative sitting. On Thursday, House Leader Brian Mason outlined what you can look forward to in the fall session. JEREMY SIMES METRO



3 Education

Mason highlighted a new initiative called Future Ready. The plan will use government investments that prepare students for the "changing world." One Future Ready initiative included the government's curriculum review, where it launched an online survey to see what Albertans think should be in the new curriculum.



4 Climate Change

Mason said the government will introduce an act that will legally limit oilsands carbon emissions to 100 mega-tonnes. He said the government will encourage innovative oil-extraction methods that cause less emissions, adding the province will continue to push for progress on pipelines. The government will also support 5,000 megawatts of renewable energy to the grid.



1 Tax Credits

The Alberta government will establish two new tax credits as part of its plan to create jobs. Mason said there will be a 30 per cent tax credit given to investors who invest their money into small business involved in research and development, interactive digital media, post-production, digital animation and tourism. A capital investment tax credit will return 10 per cent of corporation costs in capital assets, like machines, equipment and buildings.



2 Municipal Government Act

It's back, and Mason hopes it'll be dealt with by the end of the session. Mason said it's an extensive bill, which deals with all aspects of municipal governance. He said there will be some amendments to the bill, which gives broader powers to municipalities, like curbing the cost of growth and boosting affordable housing. It could also lead to higher costs for new homes, as developers pass on costs to consumers.



5 Green Line

Mason said there's "certainly a possibility" the province will use money from its Green Transit Incentives Program for Calgary's Green Line, after advocacy group LRT on the Green challenged the government to commit \$1.53 billion over ten years. Though Mason appreciates LRT on the Green's proposal, he said the government is working with Calgary Mayor Naheed Nenshi on the transit plan. He also acknowledged the infrastructure needs of other municipalities.

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UNIVERSITY**

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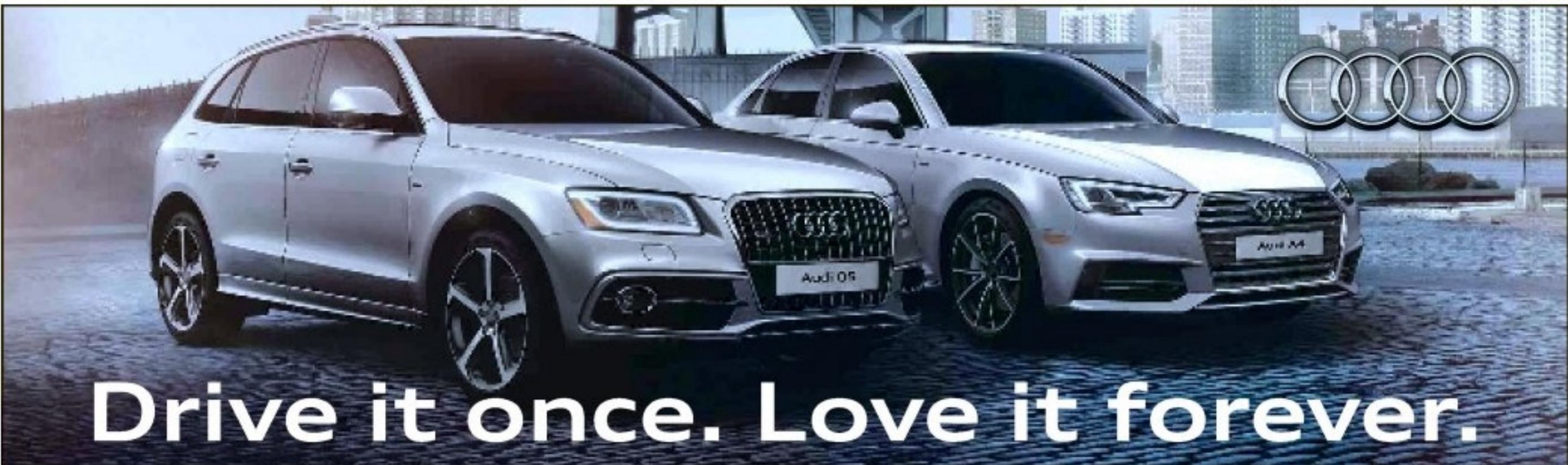
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Pogo celebrates 2 years

TRANSPORTATION

Car sharing company expands its territory

Alex Boyd
Metro | Edmonton

Home-grown car share company Pogo is celebrating its second birthday in style, with a territory expansion, a new monthly membership and an eye to the future.

Starting this week Pogo drivers can now leave their cars at Campus Saint-Jean, the University of Alberta's French campus, giving drivers easier access to Bonnie Doon and Café Bicyclette's croissants.

The company also has big plans for the future — it currently has 50 hatchbacks scattered around the centre of the city.

But marketing and communications manager Allison Harrison said Pogo hopes to



Just leave it there: Pogo drivers can now leave their cars at Campus Saint-Jean, as spokesperson Allison Harrison shows. CODIE MCLACHLAN/FOR METRO

double that by the end of the winter season.

It now has more than 4,000 members who have collectively taken 75,000 trips.

"It has been a really fun ride," Harrison said of the company's first two years of operation.

"Although car sharing is a hard concept for people to understand, and a lot of people still don't, but for the people who do know, they love it."

(For the record, a car share allows members to take out any of their fleet of vehicles and pay either by time or

mileage).

She adds Pogo has made inroads in a notoriously car-happy city, to the point where most of the people she speaks to are familiar with the car sharing concept.

If anything, a faltering economy has given them a

A lot of people because of this market are selling their own cars.

Allison Harrison

little boost.

"We've found that a lot of people, because of this market, are selling their own cars," she said. "A lot of people come up to us at events and say, 'I found out about Pogo and you guys are allowing me to continue not owning a car.'"

Which is not to say that it's been smooth sailing. Since starting up, Pogo has faced competition from a growing number of rideshare companies, like TappCar and Uber.

They've also failed to crack the airport — one of the final frontiers for Edmonton transportation companies — so drivers can't yet leave Pogo cars there. Harrison says they'd "love to meet that need" and are working on it.

MUSIC

Symphony names new conductor

The Edmonton Symphony Orchestra has named a new chief conductor and it's probably not who you'd expect.

For starters, Alexander Prior is 24. He's also born in London, began composing at eight, and had the Moscow State Classical Ballet performing a ballet he'd created by 13.

He's performed all over the world, but is now in Edmonton for the next five years.

In a news release, Prior said it was an easy decision.

"The (ESO's) players are among the best in North America. The Winspear Centre is among the best venues on the continent. I felt a special chemistry, with those players and in that room, and with Edmontonians."

He adds that he was influenced on previous trips to the city by the energy, big spaces and the river valley.

Winspear Centre CEO Anne-Marie Petrov said in a news release that their new composer is one-of-a-kind.

Prior takes over his new role for the 2017-18 season.

METRO STAFF

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IN BRIEF**City council ups security**

You'll soon have to go through metal detectors at city hall and, once inside, there will be a barrier between you and councillors.

Coun. Ben Henderson voted against the decision, though he says he has sympathy for staff who may feel vulnerable with their backs to the public.

Henderson couldn't confirm the costs of implementing the new security measures. However, there will be two new metal detectors and a partition between the public and city staff.

METRO

Crown urges Vader judge not to declare mistrial

A Crown lawyer says the judge who used an outdated section of the Criminal Code in a murder verdict can fix the mistake by finding Travis Vader guilty of manslaughter instead.

Law experts say a judge has never before cited the old section in a verdict — and the error is huge.

THE CANADIAN PRESS

Man gets 50/50 pot after deadline

An Alberta man scored big Thursday morning when the Edmonton Oilers Community Foundation announced it would make a one-time exception and give him his 50/50 prize after he missed the deadline to claim it.

After he left, it was announced that his ticket won the \$67,692.50 50/50 draw prize.

Clayton Hinkey, who lives in Sedgewick, was at Rogers Place during the Oct. 16 Oilers game but left early because his son was restless.

METRO

Do you know about Diwali?

HOLIDAY

Festival of lights taking place this weekend



Ameya Charnalia
For Metro | Edmonton

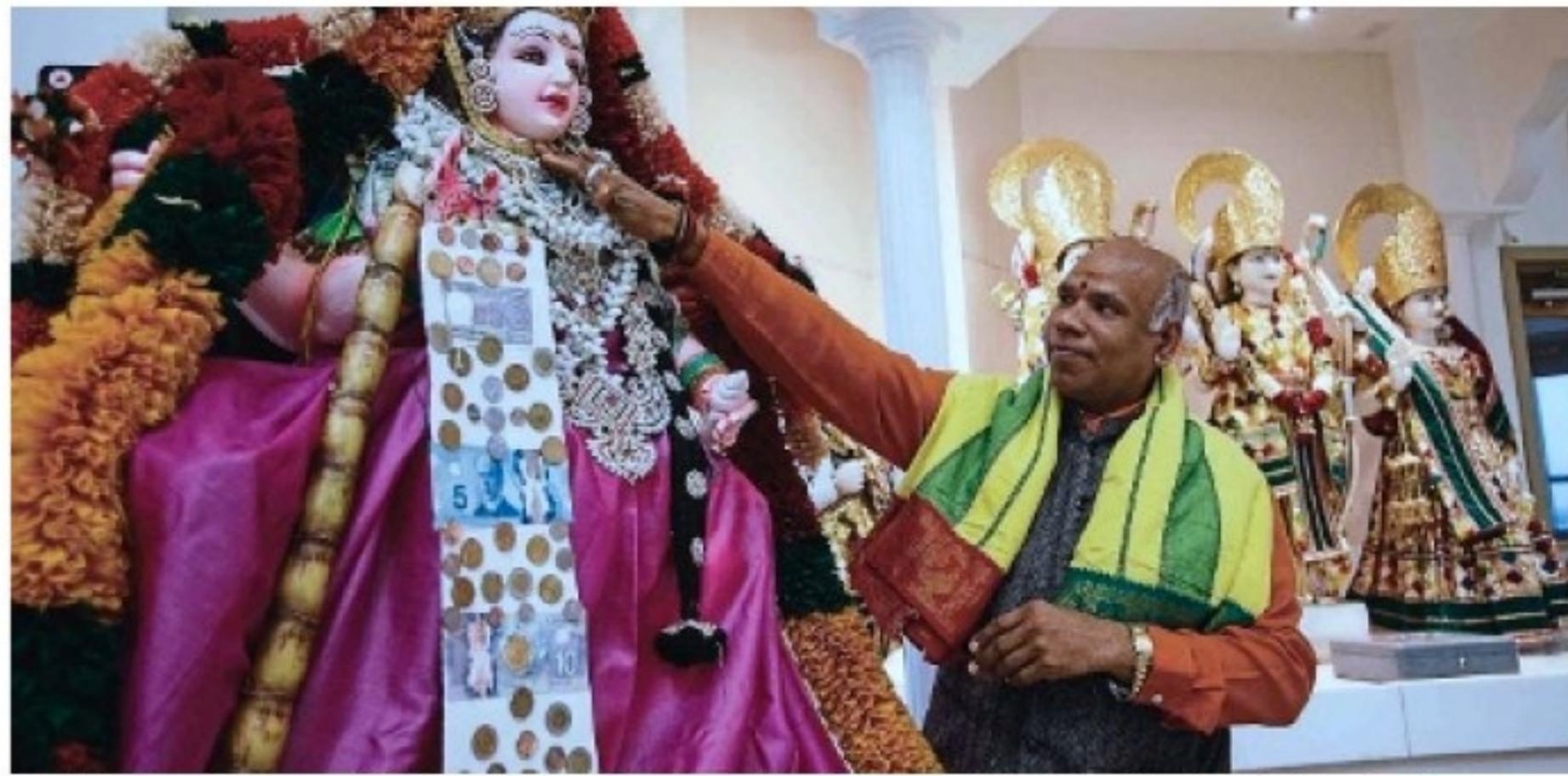
Millions worldwide will be celebrating the festival of lights this weekend.

Sunday is Diwali — a South Asian festival that commemorates the victory of good over evil in Hindu lore. People will celebrate by lighting lamps called diyas, distributing sweets and attending fireworks displays.

Diwali is one of “the biggest and most important festivals” for Hindus, said Yadav Ram Jha, a voluntary priest at the Hindu Society of Alberta, which was founded in northwest Edmonton in 1967.

Jha, who is a member of the Nepalese Hindu community, said celebrations in that community begin four days before the festival and will culminate with Diwali prayers on Sunday evening.

The congregation expects



A Hindu priest decorates an idol of the goddess of wealth, Lakshmi, at the Bharatiya Cultural Society of Alberta in Edmonton Thursday. CODY MCLACHLAN/FOR METRO

around 80 people to attend prayers to worship the goddess of wealth, Lakshmi.

Diwali is considered an auspicious time of year by Hindus around the globe, but there are variations in celebratory customs and traditions across communities and sects.

The festival commemorates the victory of King Rama over the demon King Ravana in the ancient Sanskrit-language epic, the Ramayana. This is depicted in a play called the Ramlila, which is often performed in Hindu communities this time of year.

The date for Diwali changes according to the lunar calendar each year.

Diwali also coincides with the festival of Bandi Chhor Divas, which is celebrated by the Sikhs around the globe.

It celebrates the safe release of Guru Hargobind — who was the

sixth guru, or leader, of Sikhism — from imprisonment under the Mughals in 17th century India.

Prime Minister Justin Trudeau tweeted a photo Wednesday of him lighting a diya Wednesday with his caucus for an early celebration of Diwali and Bandi Chhor Divas.

WHAT'S HAPPENING

Spoooky things to do this weekend

ALL WEEKEND**WHAT:** Harsh Haus

Jump into an “extreme immersive haunted maze” that will bewilder your senses with different local experimental music groups playing simultaneously, alongside horror installations, performance artists, pumpkin carving, games, trivia and cult flicks playing all weekend. Food and drinks are available, and kids over 12 are welcome.

WHERE: Sewing Machine

Factory, 9562 82 Ave.

WHEN: Daily Saturday through Monday. Doors open at 7 p.m. Saturday.

the Stollery Children's Hospital.

WHEN: Friday, 5 p.m. to 10 p.m.

WHERE: Rundle Park

SATURDAY**WHAT:** Amy Van Keeken's Rock and Roll Sing-a-Long

This family-friendly haunted tent promises to satisfy all ages and “scare types,” getting more frightening as it goes along. Games and food trucks will accompany the scares, and a portion of ticket sales will go to

one can sing along. Mitchmatic and Bebop Cortez will open the show.

WHERE: The Needle Vinyl Tavern, 10524 Jasper Ave.

WHEN: Saturday, doors at 8 p.m. a

WHAT: The Reckoning

This Halloween bash has a little bit of everything, with comedian Simon King, the Urban DNA DJ crew, a live performance by globetrotting Edmonton act The Wet Secrets. Prizes are up for grabs through spooky

games and contests.

WHERE: The Rec Room, 1725 99 St.

WHEN: Saturday at 9 p.m.

WHAT: Refinery party

The refinery will get dark with Danse Macabre, taking inspiration from current exhibitions to conjure ideas of morality and mortality.

WHERE: Art Gallery of Alberta, 2 Sir Winston Churchill Square

WHEN: Saturday at 9 p.m.

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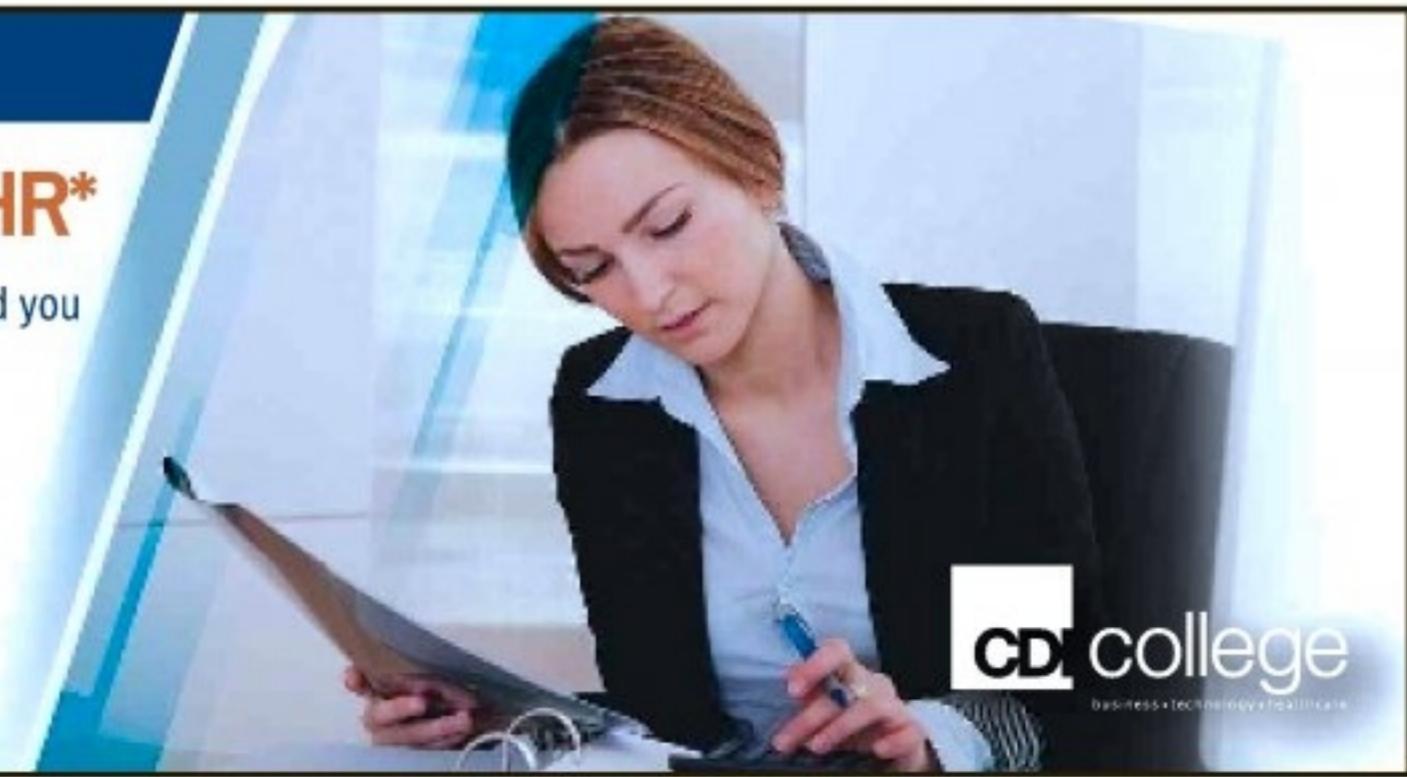
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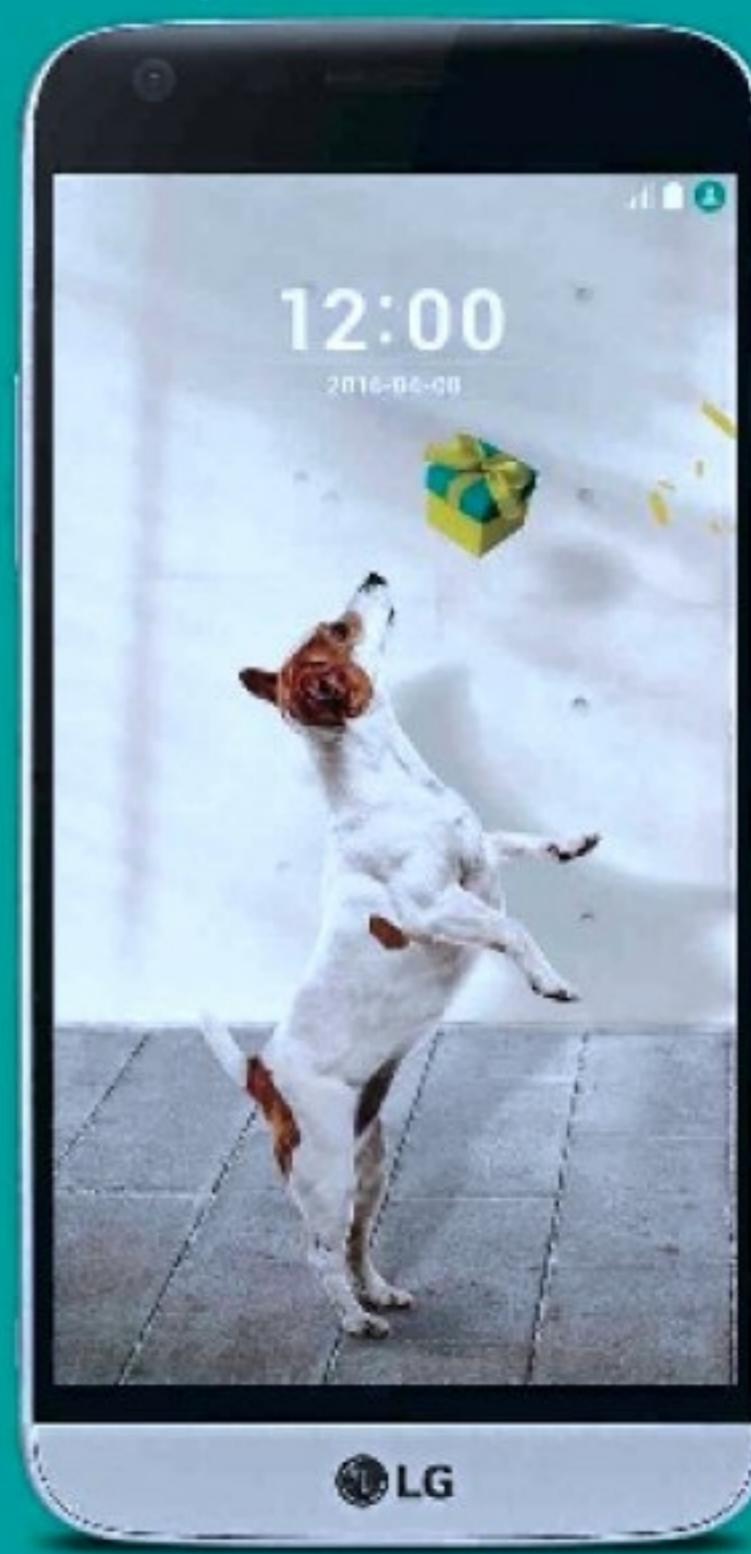


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Sponsored refugees fare better: Review

IMMIGRATION

65 per cent of government-assisted refugees use food banks

Refugees sponsored by community groups do better than government-assisted ones with fewer relying on food banks and social assistance, an evaluation of Canada's much heralded resettlement program shows.

Some 65 per cent of government-assisted refugees reported using food banks, compared to only 29 per cent of their privately sponsored counterparts, according to the Immigration, Refugees and Citizenship Canada report released this week.

Five years after their arrival, 41 per cent of government-assisted refugees relied on social assistance, compared to just 28 per cent among those sponsored by private groups. While six out of 10 of the former were employed within five years, the rate went up to 7 out of 10 for

their privately sponsored peers. The relative success of privately sponsored refugees is bolstered, in part, by the stability and guidance offered by relatives or sponsorship groups, advocates say.

Janet Dench, executive director of the Canadian Council for Refugees, said she was not surprised with the findings.

There is a lot of energy, opportunity and availability.

Janet Dench

"Privately-sponsored refugees usually have family members in Canada for support and they are not selected for their vulnerability like the GARs (government-assisted refugees) are," she explained.

The internal review examined all aspects of the refu-

gee resettlement programs — government-assisted, private sponsorship, the blended-visa program, which is a blend of the two, and the resettlement assistance program — between 2010 and 2015, before Ottawa opened its doors to 31,000 Syrian refugees in December.

During the period, a total of 49,516 refugees were resettled in Canada, 53 per cent of them under the government-assisted program, 46 per cent sponsored by private community groups and just one per cent under the blended-visa program.

Thirty-nine per cent of government-assisted refugees were children, compared to 30 per cent among their privately-sponsored counterparts.

"There are a lot of groups that want to do private sponsorships as a result of the Syrian resettlement efforts. There is a lot of energy, opportunity and availability. If the government does not make it more responsive to these groups, we are going to lose them," said Dench.

TORSTAR NEWS SERVICE



CRIME 'TRAGIC BEYOND BELIEF'
Terry Miller, centre, holds pictures of her children Catie Miller and Christopher Miller as her husband Dr. John Miller, left, speaks to the media outside the Halifax courtroom where his daughter's murderers were sentenced to life in prison.

Catie Miller, 29, was confined in the trunk of a car for hours before her brutal murder and dismemberment in a crime described by Justice Patrick Duncan as "cold and heinous."

"This is tragic beyond belief," Miller said. JEFF HARPER/METRO

POLITICS

Bi-partisan senators chosen

Prime Minister Justin Trudeau has named nine new, non-partisan senators, bringing him within reach of his goal to transform the discredited Senate into a more reputable, independent chamber of sober second thought.

The five women and four men hail from a wide variety of backgrounds, from an art historian to a renowned human rights lawyer

to a conservationist. All will sit as independents in the Senate.

They are the first senators to be chosen under an arm's-length process that saw more than 2,700 people apply to fill the 21 vacancies in the 105-seat upper house.

Trudeau is poised to announce two more batches of appointments within days, filling the remaining 12 empty seats.

THE CANADIAN PRESS

IN BRIEF

Court to decide on future of residential-school tales

The future of stories told by survivors of Canada's residential schools will be decided by the Supreme Court, which said Thursday it would hear the federal government's appeal of a decision that the accounts should be destroyed after 15 years. THE CANADIAN PRESS

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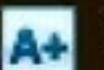
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DEMOCRATIC CAMPAIGN

'Hillary Clinton is my friend': first lady



Hillary Clinton and first lady Michelle Obama.

THE ASSOCIATED PRESS

As first ladies they could hardly have been more different. But as Democrats looking to fire up female voters, Michelle Obama and Hillary Clinton were firmly bonded on Thursday.

In their first joint appearance on the campaign trail, Mrs. Obama and Clinton talked up their shared respect, common values and singular goal: Defeating Republican Donald Trump. They papered over a somewhat

rocky history and their vastly different paths through public life.

With Mrs. Obama aiming to secure her husband's legacy and Clinton needing to propel women to the polls, the two women sought to celebrate their political marriage of mutual interest, and reassure voters it's real.

"Seriously, is there anyone more inspiring than Michelle Obama?" Clinton asked, as a crowd in Winston-Salem,

North Carolina, answered with cheers. Mrs. Obama declared the feeling mutual. She referred to Clinton as "my girl" and offered reassurance that her testimony for Clinton is both personal and political.

Since she's emerged as Clinton's headline-grabbing surrogate, people wonder one thing. Mrs. Obama noted.

"Yes, Hillary Clinton is my friend," she answered.

THE ASSOCIATED PRESS



Robert Burck, known as the 'Naked Cowboy,' antagonizes protesters as they rally against Donald Trump during a 'Nasty Women Protest' outside of Trump Tower on Fifth Avenue in New York City. GETTY IMAGES

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Welcome to America

Rosemary Westwood relocates from Canada to the United States in the midst of the most unusual presidential election ever. She chronicles her observations in a weekly column for Metro.

ROSEMARY WESTWOOD
From the U.S.

It couldn't have been a more clichéd start to a new life in the U.S.A.

At the Detroit border between the U.S. and Canada, waiting in a small grey room for my immigration paperwork to be processed while border officers rummaged through the U-Haul truck, there were the usual markers that you're in America now, baby: A large, framed photo of the president, a series of beefy, mostly white male guards in buzzcuts, an array of bald-eagle images, and a mostly non-white group of travellers chosen for extra scrutiny.

But also this: An alleged instance of racial profiling. A tense encounter between a black man, who was saying he'd been stopped for more questioning at the border 10 times in a row, and officers, who said the man was "resisting."

"That's what's wrong," one guard said, shaking his head. "It's happening all over the country. It's not disrespectful to obey the commands of an officer."

I heard voices and scuffles, and when the black man came out into the waiting area, his white hightops were undone. "They broke my watch," he told his girlfriend, slumping into a chair beside her.

Another white guard tried to smooth things over: "I just want to make sure you understand what this is about."

"Oh, I know what this is about," the black man said.

But I never saw how it ended. A guard processed my visa paperwork, and I was officially living in America, making my debut in the lattice-work criss-cross of southeastern Michigan's four-lane freeways.

Then came the second cliché. In the middle of the night, in a Dearborn, Mich. hotel, I heard gunshots. Pop-pop. Pop-pop-pop. I shook my fiancé awake, terrified. There was screaming, too many voices to count, and as they grew louder and closer I pushed both of us off the bed, dragging the blankets, to hide behind a wall. We waited. The sounds dimmed. There were no sirens.

The next morning, joking that I had "saved us," and skeptical that I'd heard what I thought I'd heard, I asked the front desk guy. He frowned. "Yeah," he said. "Sorry."

"We haven't had a shooting for four years," he assured us. The night security guard had left the left the premises earlier in the evening, he said, because — what else — his sister had been shot. The shooting we'd heard occurred later, outside the hotel lobby. "They called the cops, but they never came." About that last fact, he was apologetic but unsurprised.

And that began our three-day road trip through seven U.S. states, two of them battlefields between Hillary Clinton and Donald Trump — Michigan, where polls show Clinton in the lead, and Ohio, closer to tied — and five of them redder than Trump in a rage: Kentucky, Tennessee, Alabama, Mississippi, and Louisiana.

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metrSCIENCEx

Your essential daily news

Thanks to a prosthetic arm and brain-implanted sensors (really), a man who has been paralyzed for a decade regained feeling in his 'fingers'



DECODED by Genna Buck and Andrés Plana

SEEING SOMETHING TOTALLY NEW

Aside from dusty old surgical samples, until this year no scientist had ever seen the early human development that takes place between approximately seven and 14 days after fertilization. The embryo is burrowed into the mother's body, hidden from view. **Now technology is letting us peer into the process, in real time, for the first time.**

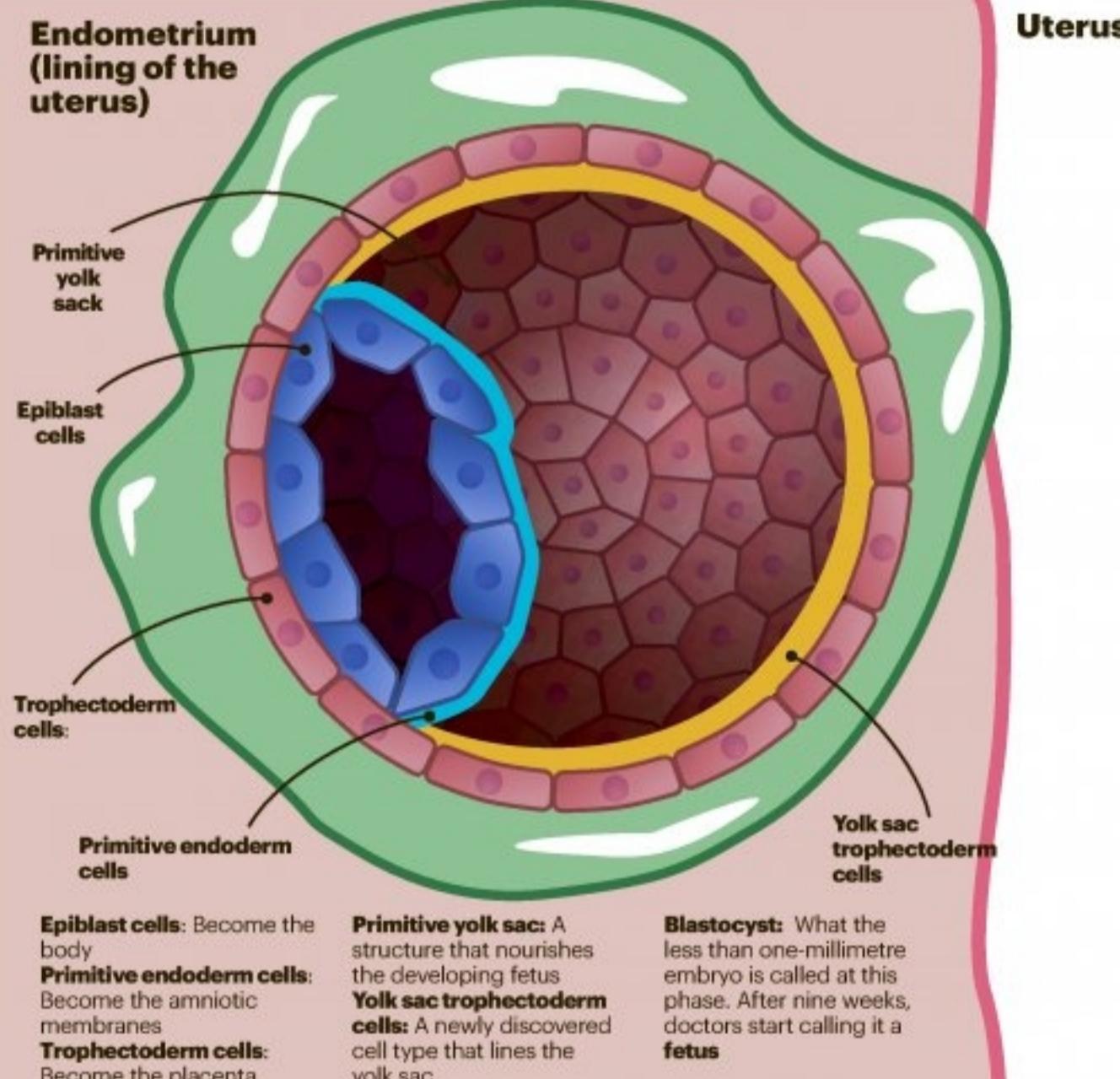
WHAT WE LEARNED

Using stem cells donated by fertility clinics, two groups of scientists, one in the U.K. and one in the U.S., have grown human embryos for up to 12-13 days in the lab. (Usually, the embryo latches on to the mother around day seven). **Here's what surprised them most**, according to scientist Gist Croft, a member of the U.S. team.

1. Failure is **really** built into the process: about 80 per cent of embryos are not viable.

2. Early embryos are amazingly **self-organizing**. It was previously thought they required input (like hormone signals) from the mother to grow and arrange into a complex shape. But they do this all on their own.

3. Researchers discovered what they think is a **brand new cell type**, which they dubbed **yolk sac trophectoderm cells**. Even more crazy: Though scientists don't yet know exactly what they do, these cells seem to express genes from all three of the other main embryo cell types, meaning they could have an important role in future stem-cell science.



FINDINGS Your week in science

NASA

MOONS OVER URANUS

Researchers re-analyzing 1986 data found odd, periodic disturbances in Uranus's rings that suggest the icy planet has two very small moons orbiting near its surface.

ZERO CREDIBILITY

Canadian Gaétan Dugas, the "Patient Zero" blamed for spreading HIV in North America, was no more responsible than hundreds of others who came down with AIDS in the early 1980s, a new study shows. But the myth persisted, in part, possibly, because in an early study, people misread the letter O (for "out-of-state"), as a zero.

SOUND SMART



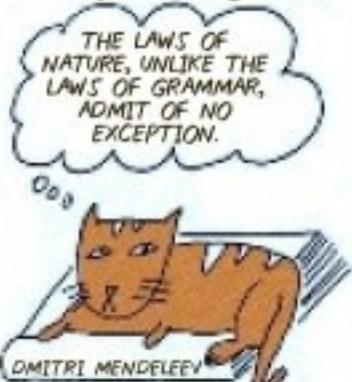
DEFINITION

Gastrulation is a developmental process in complex animals (like us!) that happens when the embryo (at this point a hollow blob of cells) folds in on itself and reorganizes into three layers. These **germ layers** each give rise to a specific group of organs.

USE IT IN A SENTENCE

Biologist Lewis Wolpert once quipped, "It is not birth, marriage, or death, but **gastrulation**, which is truly the most important time in your life."

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CITIZEN SCIENTIST by Genna Buck

How far can we forecast weather?

I've heard it's going to be a really cold winter. How do we know that? - Luke, Halifax

I put your question to Greg West, a climate researcher at UBC.

Using satellite data, information about climate oscillations like El Niño and La Niña and arctic sea-ice extent, Environment Canada and the U.S. climate prediction centre can forecast whether the next three months will be above, below, or at normal temperatures with 50 to 70 per cent accuracy, West said. For

precipitation, it's zero to 40 per cent. It's a La Niña year here, so we can (probably) expect a cold, snowy winter counteracted in part by the long-term warming trend, West said.

"For day-to-day temperature forecasts, we're more skillful than a random guess out to about ten days," he said. "For precipitation, it's more like seven."

So, anyone who says they can make a specific forecast farther out than that either has information top meteorologists don't, or is full of it.

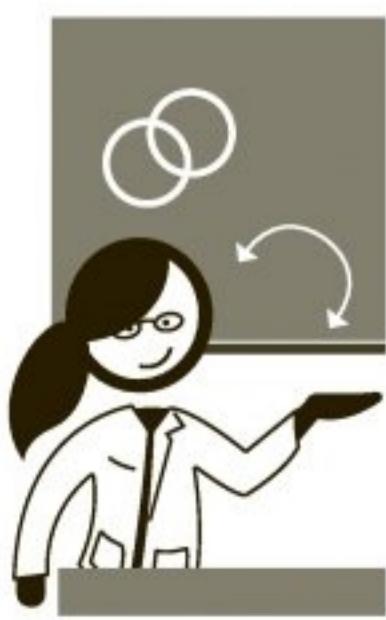
Predicting the future of chaotic systems is inherently a really hard thing to do, and climate change is making it even more complicated. Long-range forecasts are described relative to historical averages. But when the past 30 years have been nothing but superstorms, polar vortexes and sinking sea ice, averages don't tell you much.

Can we talk about those "farmer's almanac" type of publications for a minute? Some of them claim to have a "scientific" "secret formula" that can predict

the year's weather with 80 per cent accuracy.

Generally, scientists don't keep secrets. They publish their data and methods in detail. Whenever some company or person claims to have a tool that is both scientific and proprietary, it's good to stop and ask yourself whether their secrecy is protecting a legitimate commercial interest, or if it's just a cover for BS and bias.

Science Question?
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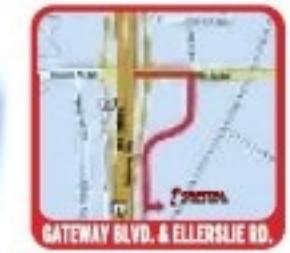
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Moonlight marks new phase for Harris

ON SCREEN

British actress talks career, women in film, new indie flick

Steve Gow

For Metro Canada



She may have starred in the *Pirates of the Caribbean* franchise and played Moneypenny in the past two James Bond blockbusters, but it's a small indie flick that's getting Naomie Harris truly excited.

"This movie is so beautiful and I love the way it's touching people," said the English actress about her latest feature *Moonlight*. "People are saying that they're looking at life in new ways; it's very rare that you get a movie that touches people as deeply as this."

Since premiering at the Toronto International Film Festival, the Barry Jenkins-directed drama following a youth trying to navigate adolescence in the slums of Miami has been winning critics and building



Naomie Harris has generated critical acclaim and Oscar buzz for her portrayal of a single mom in her latest feature, which follows a youth trying to navigate adolescence in the slums of Miami. CONTRIBUTED

Oscar buzz for Harris's portrayal of the protagonist's strung-out single mom.

"What I always look for is an amazing script that (when) I read it, it moves me as Moon-

It's very rare that you get a movie that touches people as deeply as this. Naomie Harris

light did," said Harris about playing the maternal crack-addict. "(I like) a character that scares me because I always like to do something completely different and be challenged."

Harris largely credits soph-

TOP ROLES

Moneypenny: In *Spectre* and *Skyfall*, Harris took on the renowned part of the MI6 secretary with a distinct romantic magnetism to James Bond.

Tia Dalma: A voodoo queen with magical powers, Harris starred opposite Johnny Depp's

Jack Sparrow in a pair of *Pirates of the Caribbean* pictures.

Winnie Madikizela-Mandela: Harris portrayed the controversial wife of anti-apartheid-advocate Nelson Mandela in this 2013 award-winning biopic.

omore auteur Jenkins for guiding her through such a tumultuous part — especially one she filmed during a three-day break from promoting *Spectre*. However, even more than his direction, the actress insists Jenkins's sensitive script was what really stood out.

"Hollywood has an issue for writing for women in general," said Harris, adding that a profession dominated by dudes often means an understated female perspective. However, the 40-year-old Harris is also happy to report opportunities are improving with age. "Things are always getting better and I certainly

feel like I have a better quality of scripts than I ever had before."

With a filmography that stretches back to the '80s, Harris is also impressively zen when it comes to reminiscing about a storied career that includes playing everything from a voodoo witch to Winnie Mandela.

"You do the very best you can and you hope people will go and see it but I always think the right movie finds the right person at the right time," stated Harris, before making one concluding addendum. "But I do believe everybody should go see *Moonlight*."



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Inferno echoes burning issues

INTERVIEW

Why latest Dan Brown tale has a flavour of race to White House

Embedded within the manic action of *Inferno*, the latest big-screen adaptation of a Dan Brown thriller, is a warning about the dangers of seeking simple solutions to complex problems. Star Tom Hanks says it's a theme with echoes in the current U.S. presidential race.

Inferno sets Hank's polymathic professor Robert Langdon on the trail of a deadly plague concocted by billionaire scientist Bertrand Zobrist (Ben Foster) out of a sort of warped humanitarianism: He plans to end war, poverty and famine by wiping out half the world's population.

Hanks says the belief that there's a "one-step answer to all problems" is alarmingly relevant.

"Down through history there's been an awful lot of people who say: Here's what the problem is, here's what it was caused by, and all you have to do is my suggestion, there's an easy way in order to make it go away," Hanks said.

"It's very simplistic, it's very reactionary. It's almost like a fundamental embracing of a brand of ignorance," he added. "But I think it's part of the political discourse."

Hanks clearly has the contest between Trump and Clin-



Tom Hanks, Felicity Jones and the rest of the Inferno cast had to be ultra-mobile as filming raced across Europe for the third instalment in the series. THE ASSOCIATED PRESS

ton in mind.

America, he says, needs "vision and leadership and scope, as opposed to one-stop shopping fixes all."

"I'm not a political activist, nor am I a political animal, but I will say: Look, I'm going to vote for her, because I think this is a marathon in order to solve not just the most obvious problems, but the ones that are coming down the pipe."

Political discussion over, Hanks happily reverts to talking about Dan Brown's mega-successful mix of medieval conspiracies and modern-day skulduggery.

In his third screen outing as Langdon, Hanks is sent on

a high-stakes treasure hunt centred around the life and works of Dante Alighieri, whose *Divine Comedy* created a teeming vision of hell that has influenced artists and writers for 700 years.

He's joined by Felicity Jones' brainy medic Dr. Sienna Brooks as ally and intellectual sparring partner.

Hanks, who played Langdon in *The Da Vinci Code* and *Angels & Demons* — both directed by Ron Howard, as is *Inferno* — says he still finds pleasure in making the border-hopping thrillers. *Inferno* scurries from Florence to Venice to Istanbul, wreaking havoc in some of the world's most beautiful

historic buildings.

"Making movies is by and large a pretty fun enterprise, except when you have to be cold or up late or wear a fake beard or something," said Hanks, after more than three decades in the business still the most affable of Hollywood stars.

"But these are rather special. The team has been together since the first one. We get to go to amazing places: London, Paris, Rome, Venice. Which is a lot better than, say, going to Sony Studios in Culver City, California."

For the viewer, the movie offers the pleasures of a good old-fashioned caper — Hanks

MOVIES

Ready for a fresh Splash

Tom Hanks wants in on Channing Tatum's gender-swapped remake of his 1984 mermaid romantic comedy *Splash*.

Ron Howard and Brian Grazer are developing a new take on the film with Tatum starring as a merman in the part originated by Daryl Hannah.

"No one asked me, I am all in favour of it," said Hanks, who played Allen Bauer in the original film. "Why not? That's fine. Look, I think if they were really going to be bold, I would come back as Allen Bauer, and I would go off with Channing Tatum. That would be a bold movie."



Tom Hanks and Daryl Hannah in the 1984 *Splash*.

And I am suggesting it right now."

The project comes amid a rush of gender-swapped remakes including this summer's *Ghostbusters*.

THE ASSOCIATED PRESS

shoot in real places."

For the actor, there's also the pleasure of absorbing large quantities of information so his character can dispense gobbets of exposition and expertise about everything from Dante's death mask to the nine circles of hell.

"It makes you a really great dinner companion," Hanks said.

"For a guy who really only had a couple of years of junior college — and none of it was spent in art history class — I end up learning an awful lot about art history."

Inferno opens in theatres on Friday.

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Fighting with honour on Hacksaw Ridge



Actor Vince Vaughn, right, shakes hands with World War II vet RV Burgin, with director Mel Gibson, second from left, and actor Luke Bracey at a screening of the film. MAX BECHERER/THE ASSOCIATED PRESS

DESMOND DOSS

Movie shows true exploits of unarmed medic at war

When Desmond Doss climbed up Hacksaw Ridge — a 400-foot high escarpment on the island of Okinawa with a wall of dug in Japanese soldiers at the top — he carried his Bible, his combat medic supplies and the weight of his moral convictions but no weapon.

When the wounded American Army private eventually came back down for good, he was credited with repeatedly braving harsh enemy fire to treat fellow troops, carry them to the cliff's edge and lower them to safety. For his heroics, he was awarded the Congressional Medal of Honor — a rarity for a conscientious objector.

Now his exploits on Okinawa and his struggles to serve both his country and his conscience have been made into a film, *Hacksaw Ridge*, directed by Mel Gibson. For Gibson, telling the story of a man whose Medal of Honor citation goes on for two full pages and includes a wounded Doss giving up his stretcher to another wounded man, the challenge was almost having too heroic of a story to work with.

"You couldn't even tell everything the guy did because it becomes almost unbelievable," said Gibson, speaking Wednesday before a screening at The National WWII Museum in New Orleans. "You're talking about a man here who really stuck by his conviction and his faith and he went into a situation like hell



Mel Gibson. THE ASSOCIATED PRESS



You couldn't even tell everything the guy did.

Mel Gibson, Director

on earth, an ordinary guy doing extraordinary things."

Doss, a Seventh-day Adventist, felt his beliefs barred him from even carrying a weapon, let alone killing. But he wanted to serve his country and ended up in a combat infantry unit, tending to the wounded under some of the war's most dangerous conditions. The movie details how his fellow troops, initially suspicious of Doss, came to admire his moral and physical courage.

In Europe, the war with Germany was all but over when Doss's unit arrived on Okinawa in late April. But in the Pacific, it was a bloody slog against the Japanese to capture island after island.

His unit was trying to take Hacksaw Ridge, formally the Maeda Escarpment, and push out dug in Japanese troops. Doss's Medal of Honor citation describes how his unit was driven back

down the cliff by a barrage of mortar, artillery and machine-gun fire but Doss voluntarily stayed behind, evacuating the wounded by rope over the cliff, all under intense enemy fire.

While the movie focuses mostly on that one event where Doss rescued 75, the citation notes how he repeatedly risked his life until he was wounded nearly a month later.

For Gibson, another challenge was making the movie realistic without being ghoulish. Of the audience, he said: "I don't want them running out screaming. You want them to stay in there with you so you have to find a way to temper it, but keep it real."

The title character of Desmond Doss is played by Andrew Garfield. Vince Vaughn plays the tough Sgt. Howell tasked with bringing new recruits up to snuff and leading them into battle.

Vaughn said they screened the movie for some veterans who found it "very cathartic" and praised it for bringing awareness to post-traumatic stress disorder through the character of Doss's father, played by Hugo Weaving.

Doss's son, Desmond Doss Jr., was in New Orleans for the screening. He said his father, like many others who perform heroic feats, often said he was just doing his job. But the son said his father also felt it was for the glory of his God and he needed to share his story. For Doss Jr., the movie is an "incredible love story" wrapped in carnage.

"It's about a man that loved his mother. He loved his church. He loved his wife. He loved the men that he worked with ... He never wavered in coming from this place of compassion, love and forgiveness," he said.

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Top film frights to stream this Halloween weekend

HORROR

Metro picks 10 of the scariest films available from Netflix

Chris Alexander
For Metro Canada

'Tis the season to be scared! As Halloween approaches, fright film fans both casual and hardcore go searching for horror and there's no better place than Netflix to find your screen screams.

This fall, the streaming service has amassed a pretty impressive wave of classic and contemporary genre films guaranteed to raise hackles and promote sleeplessness. Metro picks 10 of the most terrifying on the Netflix roster.

How many of these fine flicks have you seen?

1. Jaws (1975) A perfect film



Hush is a horror flick that will keep you on the edge of your seat. A deaf writer must fight for her life after a masked killer shows up at her window. CONTRIBUTED

about a perfectly rude great white shark and the brave souls who try to stop its reign of toothy terror.

Steven Spielberg's breakthrough horror adventure just keeps getting better with age.

2. Re-Animator (1985) H.P. Lovecraft's tale of mad science and speaking severed heads becomes director Stuart Gordon's gory, erotic black comedy masterpiece. This is filled with plenty of zombie action and oodles of bad taste.

3. Sweeney Todd (2007) Tim Burton's blood-soaked adaptation of Steven Sondheim's cannibal barber musical just might be the director's best film.

It's certainly his goriest and the cast — including Johnny Depp and the late Alan Rickman — is truly mesmerizing.

4. The Babadook (2014) Parents at the end of their ropes will get an extra shiver from

this tale of a stressed out single mom under siege from a black hearted boogeyman. Chilling stuff.

5. We Are What We Are (2013) The American remake of the acclaimed Mexican indie shocker is even better; a dark, bloody tale of a murderous cannibal clan who are falling apart.

Artfully made and truly terrifying.

6. The Fury (1978) Brian De Palma's outrageous horror thriller pits psychics against each other with explosive results.

Worth it for the crazed final shot alone and a great macho performance by Kirk Douglas.

7. Hush (2015) One of the greatest home invasion horror films ever made helmed by one of the greatest modern



This 1973 British horror film, Legend of Hell House, follows a group of researchers who spend a week in a haunted mansion. CONTRIBUTED

horror directors, Mike Flanagan, whose *Ouija: Origin of Evil* is currently haunting theaters.

This is a simple, smart and stylish shocker.

8. Hellbound: Hellraiser II (1988) This atmospheric and wildly gory sequel to Clive Barker's 1987 sex and death classic is arguably even better than the first instalment, with incredible make-up FX, surreal sequences and a majestic Christopher Young score.

9. The Legend of Hell House (1973) Moody and intelligent adaption of Richard Matheson's chilling novel Hell House is rightfully regarded as one of the best haunted house films of all time.

If you're looking for maximum fright, watch it all alone at home with all of the lights off.

10. The Fly (1958) The original sci-fi/horror classic is in essence a tragedy, with a scientist fighting a losing battle with his humanity after a botched experiment leaves him with the head of an insect.

An early Vincent Price horror role and a fine — often bloody — chiller that still works today in the age of streaming.

ROUNDUP

Legends of horror film talk about their Halloween memories

For many, Halloween is so much more than dressing up with an off the rack costume and begging for treats, it's a celebration of life and death, of the changing of the season and of embracing that dark, weird and wonderful side of us.

Metro celebrates the magic of this macabre holiday (horrorday?) with some of our favorite famous friends in fright: directors Stuart Gordon, George A. Romero

and actress Barbara Steele. Here, these titans of terror share with us their warmest memories of Halloween's long since past.

Stuart Gordon (director, *Re-Animator*, *From Beyond*):

"My favourite Halloween memory was from 1970 when we were the resident theatre company at a Chicago church and performed a Black Mass. Everyone had to give a drop of their blood into a large

bubbling cauldron, which they later had to drink, and a naked woman was our altar. The Pastor had to swear his allegiance to Satan, which he loudly did. A good time was had by all."

Barbara Steele (actress, *Black Sunday*, *8½*, *Shivers*):

"I was filming a movie in Austria in an ancient mining town at night, when the director asked all the extras to be naked other

than their boots and little lamps on their heads. The weather was freezing and it was snowing fiercely and they refused so he tore off all his clothes as a challenge. As I walked home alone from set, suddenly an army of motor bikes came roaring by with everyone on them dressed as skeletons. They got off their bikes and danced around me in a circle holding hands."

George A. Romero (director, *Night of the Living Dead*, *Dawn of the Dead*):

"I think I was eight or nine when I dressed up as Hopalong Cassidy and went trick-or-treating. We lived in one of those Met-Life developments in the Bronx, so I only approached residents in our eight-storey building. Those were the days of the Sharks and the Jets and, as a Latino, I was advised not to venture out

onto the streets. There were 64 households in our building and I knocked on every one of those doors. One man who lived on the top floor opened his door and said, 'I don't have any candy for ya. Will ya settle for this instead?' He handed me a ten-dollar bill. Would I settle for it? Are you kidding? 10 bucks in 1948? In those days, that was real money!"

CHRIS ALEXANDER/METRO

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McHale settles into cosier community

INTERVIEW

'It's all gravy,' says ex-Soup host of Indoor environment

Joel McHale isn't big on "bae," a fan of "fam," or onboard with "on fleek."

As the lead in the new sitcom *The Great Indoors*, which premiered Thursday on Global and CBS, the Emmy-nominated comedy star plays the supervisor of a team of millennial magazine journalists. As such, he says he doesn't have to be up on the latest slang of that generation.

"I'm the guy who's not supposed to know any of it and not understand any of it," said the 44-year-old.

"So that dynamic of my character being shoved into this world that he is unfamiliar with, and then you have Stephen Fry who is of another generation, I think that all together will make for hopefully a huge plate of carbonara pasta where you combine all these ingredients and hopefully it will work."

The 59-year-old Fry plays the

founder of the adventure-gearred *Outdoor Limits* magazine. McHale's character moves from the position of field reporter to supervisor when the publication becomes web-only.

Co-stars include Judd Apatow-favourite Christopher Mintz-Plasse, who plays the resident "tech nerd," Christine Ko as the social media expert and Shaun Brown as a "hipster-lumberjack."

The Great Indoors comes after McHale soared to fame on the satirical weekly pop-culture series *The Soup* and the sitcom *Community*, which both ended last year.

Rumours have swirled of a possible *Community* movie, and McHale says he's onboard — if the money comes together.

"We just need like \$200 million — and if you have that, we need it," he said. "I think at one point Yahoo wanted to. I know there were rumblings about it. But then that all went away very quickly. The Yahoo streaming service disappeared. So who knows."

McHale said he was attracted to *The Great Indoors* because he'd been longing to do a four-camera sitcom and a workplace comedy.

"When they work, they become the American and the Brit-

ish Office or they become The Larry Sanders Show, or something like *Mary Tyler Moore* or *Cheers*," he said.

It also had the potential for an "endless" storyline — "a sandbox that we could play in for a long time" — unlike the other TV scripts he's read lately that seemed more like a movie with an end-point.

"You can have shows like *The Nick* that Steven Soderbergh directed. He was like, 'I'm dir-

ecting a nine-hour movie,'" said McHale.

"(TV) also is the place where, it's basically where you do independent films now, because they have the money and the flexibility to do it. But movie companies, it's becoming gigantic budget films and very small-budget films and not much in between. Although, I just did a Netflix movie and they had a \$20 million budget, which is unheard of," added McHale, referring to *A*

Futile and Stupid Gesture.

McHale said he feels "blessed" that he's on something that got on the air. While it's hard to make a successful series, he also looks to his family and world issues for perspective.

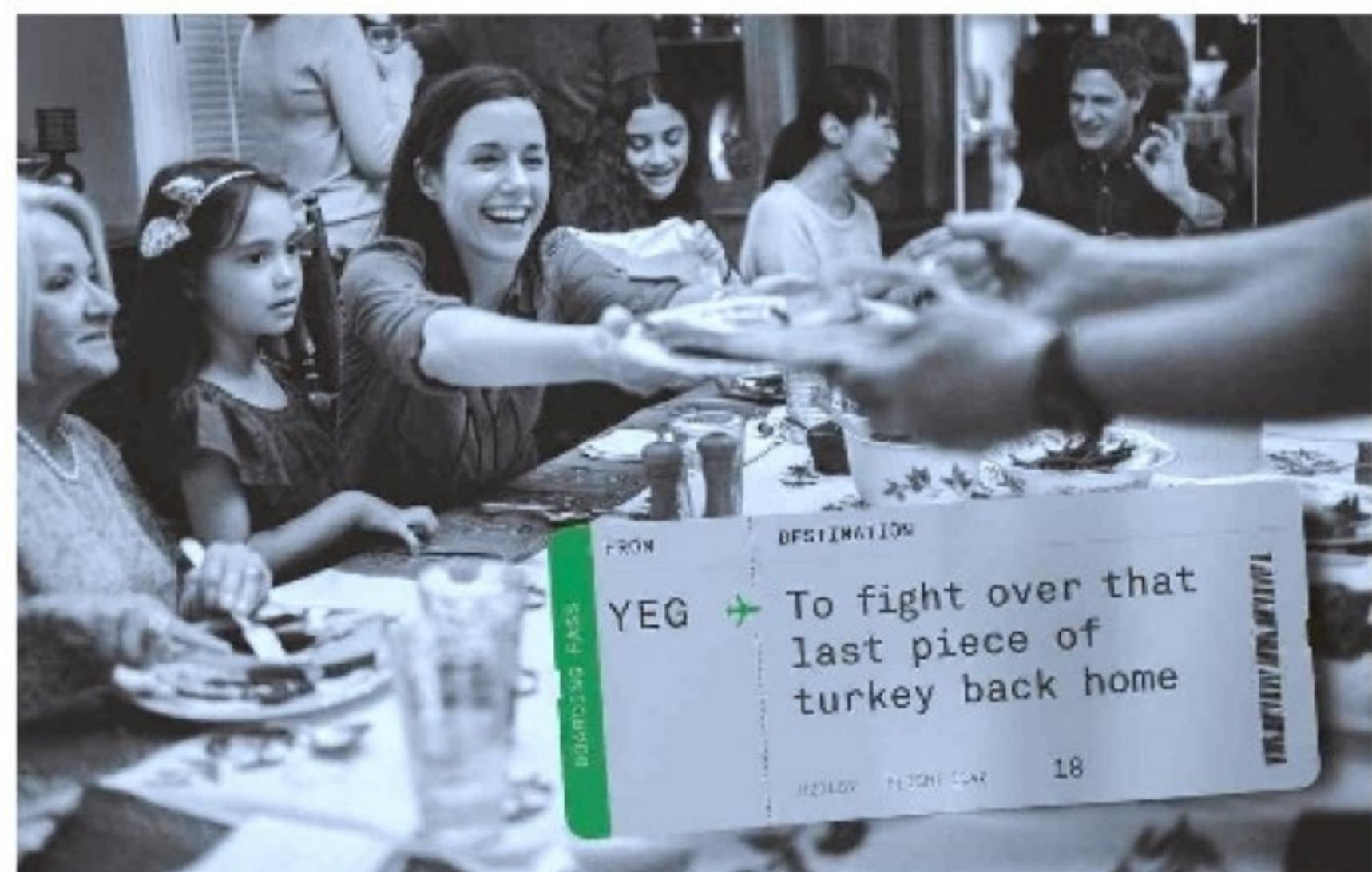
"I always say my older brother is an electrician and he spends the day trying not to electrocute himself while wiring buildings," said McHale. "And my little brother is an Episcopal priest who sits in hospitals and helps old people

onto the next life."

"So we talk about, 'Oh, this was a difficult thing to shoot and this was a hard thing to do.' I'm like, 'Yeah, I guess. I'm not in a dinghy in the Mediterranean trying to start a new life for my family because I'm leaving my war-torn home.' So it's all relative."

"I'm being paid well to try to make people laugh, and so it's all gravy."

THE CANADIAN PRESS



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Joel McHale is keen on a *Community* movie. GETTY IMAGES

BOOKS

Joel's page-turner is not a hair-raiser

When thinking of Joel McHale, some may immediately conjure images of the cult classic *Community*. Others may know him as the super-sarcastic host of *The Soup*.

In *Thanks For the Money*, McHale is quick to point out that how you know about him is irrelevant — as long as you admit his luscious locks are not a hairpiece. He invites readers to use his experience as a somewhat famous person to be the best household name they can be. He writes about how famous people diet and explains the task of choosing a celebrity feud that's right for you. McHale takes everyday scenarios and twists them into witty and relatable life lessons. The book is smart, honest and clever. THE ASSOCIATED PRESS



INTERVIEW

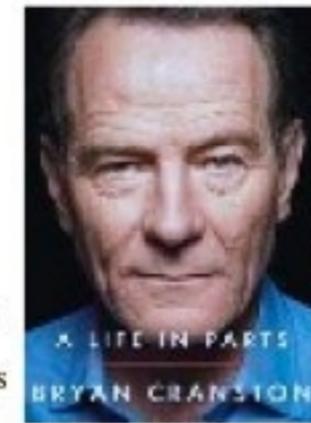
Cranston breaks down the bad and good

Bryan Cranston seems so far apart from the murderous Walter White that one wonders how he was able to channel such darkness with Emmy-worthy ferocity in *Breaking Bad*.

But in his new memoir, *A Life in Parts*, Cranston details a real-life incident that helped him get in character: an unhinged ex-girlfriend who threatened his life and made him have violent thoughts about her. It's one of the more revelatory moments in the book. The Emmy-winning, Cranston discussed some of those moments in a recent interview.

You write about wanting to kill your ex-girlfriend, what drove you to that?

I was flush with fear and I felt like a trapped animal and I



realized that I was capable of killing someone. That experience helped me in developing Walter White in the transition that he made, because Walter had to come to terms with that himself. That he was actually a good guy, but transitioning into not such a good guy ... he was able to be honest with himself and say, "Yeah I could take another life," and that is a tough thing to say to the person in the mirror.

What made you want to write a book at this point of your career?

I am aware from an objective point that the wave, the tsunami wave that *Breaking Bad* created also created tremendous opportunity for me, and there is a peak and valley to careers and that includes fame. If you are lucky to ride this wave of fame to a

plateau — it won't last there. I guess it is just a blue-collar work ethic I was raised with.

In the book you talk about your dad being dissatisfied as an actor. Why follow in his footsteps?

It was in my DNA, and they were actors — my parents

were both actors — so that was part of it. So really when you think about it in that sense, you're going into the family business, so it's very common. The turmoil that my dad went through, and then by extension, the kids went though, was profound and disastrous for the marriage, for the family.

How long do you plan on working?

When the sun is shining, make hay, because it would be sunset on my career at some point, and when it is, I want to be exhausted. I want to be done, and actually, go "I had a good run. No regrets. I'm ready to step aside."

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Bryan Cranston says his blue-collar ethic drives him to make the most of success. CONTRIBUTED

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On the trail of ghosts in NY State

HALLOWEEN

Spooky spots reveal ghost hunting is just like fishing

Jennifer Bain
Torstar News Service

Casper Cop chucks coins across the darkened Treasureland arcade at the Sylvan Beach Amusement Park and lets them ricochet on the ancient wooden floor.

"It's James. I've got a friend here who'd like to meet you. I've got recorders going. You gonna do something for us? We'd really love to meet you."

Casper Cop is private investigator James Pendell by profession and ghost hunter by passion. He has a seasonal gig leading the Park After Dark Ghost Tours.

"I've got a penny," Pendell says cajolingly to the darkness. "Will you throw it back to me? Where's my little girl?"

A prankster spirit child sometimes tosses the coins back or jingles them. She's one of the many ghosts said to roam this paranormal paradise in a vintage amusement park.

Pendell's tours start just as the park is closing and continue when he has the place to himself for several spooky hours, making for a "high freakout factor."

He has earned one of 65 spots on the Haunted History Trail of New York State, which



The Sylvan Beach Amusement Park is among the haunted haunts you can visit. SYLVAN BEACH AMUSEMENT PARK

launched three years ago and keeps adding places such as creepy inns, parks, theatres, museums, restaurants and cemeteries, offering ghost stories, tours and hunts.

Ghost hunters use Maglites (a type of flashlight), cameras, dowsing rods, video recorders, audio records, electronic voice phenomena recorders and other tools to communicate with the spirit world.

You don't have to be a true believer to be captivated by the haunted trail.

Fans of shows like Ghost Hunters, Ghost Adventures, Haunted Collector and Scariest Places on Earth are drawn to it.

So are the merely "paranormal curious."

"Could you do something for us today?" Pendell pleads with his prankster spirit. "I've got a penny. Will you throw it back to me?"

Not tonight. We hunt in other dark, empty buildings, inviting the spirits to play knocking games, mess with salt and pepper shakers, and manipulate flashlights, but nobody wants to play.

"People say when I die I'm going to haunt this place, and I say I just might — the legend of Casper Cop." (Note: The park has just decided to put its ghost hunts on hold, so look for Pendell through his website.)

Ghost hunting is often likened to fishing. Sometimes the fish bite like mad and sometimes they don't, but fishing is so pleasurable it hardly matters.

I spent three days driving New York's haunted trail, visited 12 spots, met countless characters, such as Pendell, and embarked on five ghost hunts. Did I see, hear, feel or photograph a ghost? Not definitively.

At the Historic Palmyra Wm. Phelps General Store/Palmyra Museum, executive director Bonnie Hays tries to communicate with a girl named Holly who died in a fire with her mom and five siblings.

We sit in the parlour where Holly likes to hide under a table with a basket of toys, but she pretty much ignores our overtures. Eventually someone else seems to reach out via the Maglite we set out.

With these small flashlights, you rotate the heads until they illuminate, twist them back to the barely off position and put them on a flat surface. Ask yes or no questions and the spirits just might answer by flashing the lights.

At the Naples Hotel in the

Finger Lakes, innkeeper Dominick Gallo also favours the Maglite approach.

"I know you're here. Could you please give us a sign? Turn on one of the flashlights. Please don't skunk me tonight." (Getting skunked is a fishing term for when you don't catch anything.)

Gallo instructs us to take pictures, especially in the corners of haunted guest rooms, and look at them later to see if we caught any orbs, figures or faces. We didn't. But the spirits do finally respond when we settle in Gallo's office.

"If you're a male spirit, can you please turn the flashlight on for me?" Gallo pleads.

Nothing.

"If you're a female spirit, please turn the flashlight on for me?"

Nothing.

"If this is the kids, can you please turn the flashlight on? Touch somebody? Give another sign you're here."

Nothing.

"Are you bothered? If we're bothering you, please turn the flashlight on."

The light flashes.

He interprets the subsequent erratic series of flashlight bursts as meaning two spirits, one strong and one weak, are taking turns communicating.

Jennifer Bain was hosted by the Haunted History Trail of New York State and its partners, none of which reviewed or approved this story.

DESTINATIONS

Canada tops Lonely Planet's must-visits

Canada has been named Lonely Planet's destination of the year for 2017. Colombia and Finland were rated second and third respectively in Lonely Planet's Best in Travel 2017 guide, hitting bookstores Tuesday.

Reasons cited to visit Canada were next year's "elongated birthday party," with the country celebrating 150 years since Confederation, and a weak Canadian dollar pushing down prices, giving visitors

"plenty of pocket money to spend on Canada's exciting fusion food and mysteriously underrated wine."

On Canada Day, the guide tells visitors to "expect 2017's parades, ceremonies and parties to be particularly memorable."

Lonely Planet says the top three regions to visit in 2017 are Choquequirao, Peru; Taranaki, New Zealand; and Azores, Portugal.

THE CANADIAN PRESS



Canada (1st), Colombia (2nd) and Finland (3rd) are Lonely Planet's top destinations for 2017. ISTOCK IMAGES



3

REASONS TO VISIT THE MAASAI MARA

With multiple parks in Kenya ideal for a safari, the Maasai Mara National Game Reserve is by far the most famous, and for good reason. Sharing a border with Tanzania, it covers over 1500 square kilometers and there is much to explore. **LANCE MCMILLAN/FOR METRO**



1 Game drives

First and foremost, there is a plethora of wildlife to be seen. In addition to what is known as the Big Five — a group of animals including the African elephant, African leopard, rhino, Cape buffalo, and African lion, there are so many other animals worth seeking out and this is the place for it.



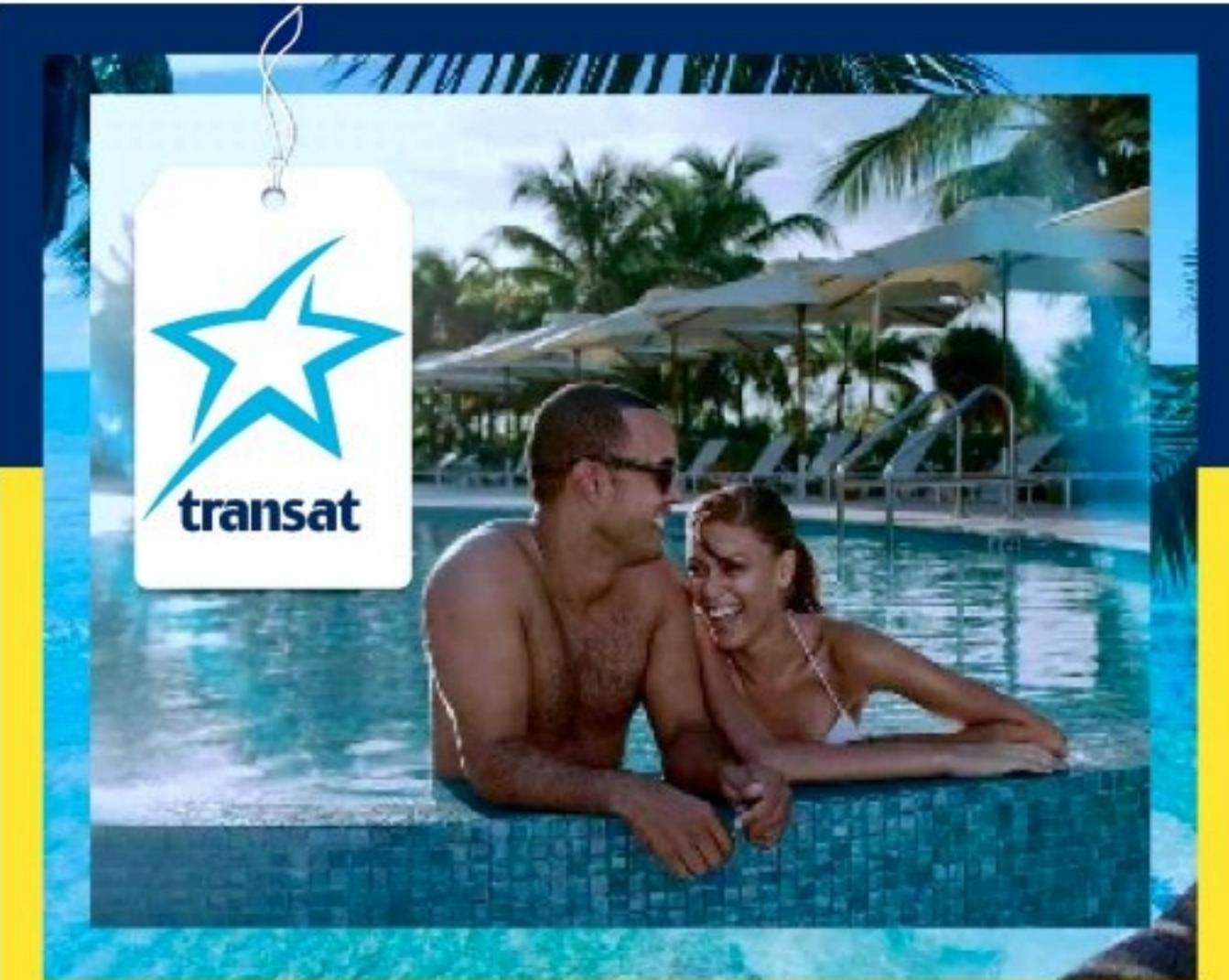
2 Hot air balloon

Not only is this ideal for observing wildlife from above, but you get an incredible view of the expansive landscape that makes up this amazing place. And if you've never been on a hot air balloon, it's a great experience in and of itself. This is typically followed by a champagne breakfast out in the middle of the Mara — wherever the hot air balloon may happen to land. This also allows you to traverse areas you may not be able to get to on a game drive.



3 The Maasai

If you need a break from wildlife viewing, a visit to a Maasai tribe, the ethnic group for which the Maasai Mara is partly named, is a must. Villages are located throughout southern Kenya, as well as in northern Tanzania, and many openly welcome visitors — you may likely be greeted upon your arrival with a jumping ceremony.



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TRAVEL NOTES THE PAPAL APARTMENT, A PHOTOGRAPHY EXHIBIT AND A NEW QUR'AN DISPLAY

Vatican City vacancy

Now this is an open house: The Vatican is opening the private apartment at the Castel Gandolfo papal summer retreat to the public, giving visitors a rare look at the bed where Popes Pius XII and Paul VI died and where John Paul II recovered from the 1981 assassination attempt. Pope Francis has declined to use the unit, meaning that the 55-hectare (135-acre) estate in the Alban hills south of Rome is increasingly being opened to the public.

THE ASSOCIATED PRESS



Castel Gandolfo. GETTY IMAGES

Vancouver exhibit

The Vancouver Art Gallery is set to open what it says is the most comprehensive exhibition of work by the influential American photographer Walker Evans ever shown in Canada. Walker Evans: Depth of Field features more than 200 photos from the 1920s to the '70s. Many of them have become iconic, made in the U.S. during the Great Depression. The show runs from Oct. 29 to Jan. 22. Gallery director Kathleen Bartels said Evans' work holds "a special significance" in Vancouver.

THE CANADIAN PRESS



Walker Evans. THE CANADIAN PRESS

The Qur'an in D.C.

Two consecutive pages of this Qur'an will be on display during the show The Art of the Qur'an: Treasures from the Museum of Turkish and Islamic Arts, which opens Saturday at the Arthur M. Sackler Gallery. The sprawling pages, each measuring 5 feet by 7 feet, with rows of calligraphy standing 8 to 9 inches high, date from about 1400. Curator Massume Farhad says these pages reference the feared nomadic conqueror, Timur, who ruled a huge empire based in central Asia.

THE ASSOCIATED PRESS



Sackler gallery. GETTY IMAGES

Saint Catherine's Day is still sweet

MONTREAL

Holiday is less popular but toffee pulling keeps tugging

For generations of Quebec children, Saint Catherine's Day was the sweetest of the year — marked by community gatherings and turning gooey molasses into pulled taffy.

With the Roman Catholic Church's gradual decline, however, the celebrations meant to honour Catherine, considered the patron saint of girls and unmarried women, have also cooled off.

But while most elementary school children no longer get to spend an afternoon pulling warm buttery taffy into golden strands, some Quebecers are keeping the

Nov. 25 holiday alive.

"At one time it was as big as Halloween," says Madeleine Juneau, general manager at Maison Saint-Gabriel, a Montreal history museum that hosts festivities to celebrate the occasion.

In previous decades, schools would mark the day with a party with taffy pulls and hat-making contests.

The night before, townspeople would get together for food, music and dancing.

Women who reached the age of 25 without being married were designated "old maids" or "Catherinettes" and had to wear an outlandish bonnet as they were teased about their inability to find a husband. Juneau says the festivities were also a chance for young women to attract husbands by offering them candy to showcase their culinary skills.

"It's an extraordinary holiday, and we want people to relive it," she said.

On Nov. 20, their Saint Catherine's Day festivities will include traditional music, storytellers, and taffy-making demonstrations by women dressed as Kings Wards — young French women recruited to move to New France to serve as potential brides for settlers.

The namesake of the day is Catherine of Alexandria, who, according to legend, was beheaded in the early fourth century for refusing to marry a Roman emperor.

But Quebec's candy-making tradition is traced to Marguerite Bourgeoys, a nun and educator who used to make taffy to entice her young students to come to the school she founded in 1658.

The Maison Saint-Gabriel, a 300-year-old farmhouse once purchased by Bourgeoys, has committed to keeping the tradition alive as part of its mission to educate visitors on life in Quebec in the 17th to 19th centuries.

Although public celebrations have largely fallen by the wayside, the tradition lives on in some Quebec kitchens.

In the east of the province, a group of 40 women — and a few men — from Sayabec are preparing to boil, pull and cut 25,000 pieces of the candy using the traditional recipe of molasses, sugar, corn syrup, butter and baking soda. Mari-

At one time it was as big as Halloween.

Madeleine Juneau, general manager, Maison Saint-Gabriel



Dressed in 17th century clothing, Maude Laferriere poses at Maison Saint-Gabriel in Montreal. For generations, Saint Catherine's Day was the sweetest of the year — marked by community gatherings and turning gooey molasses into pulled taffy. THE CANADIAN PRESS/GRAHAM HUGHES

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elle Roy, the president of the women's group who organizes the event, said she, like most others, first learned the technique from her mother.

Now, she says, the group does it as a fundraiser and for the pleasure of carrying on a tradition.

"November, it seems like a sad month, so to get together

as a group of women does us good," she said. "It warms the heart."

The annual event, which includes a community bingo night, is included on the Quebec culture minister's list of "intangible cultural heritage."

Because so few people are carrying on the day's trad-

ition, Juneau says she gives out the recipe to Maison Saint-Gabriel visitors.

She explains how the candy is made in the hopes they'll try it at home with their kids.

"This is something that will be lost if we don't pass on the knowledge," THE CANADIAN PRESS

MOVE-IN READY

STREETSIDE MAKES OWNERSHIP EASY

Finding a new home that fits just right can be challenging, but StreetSide Developments has done its best to give buyers what they're looking for in South West Edmonton.

The company's newest condo development, Crossroads of Rutherford, celebrated its Grand Opening this past weekend with a lot to brag about. "We've created new and exciting plans based on homeowners feedback," says Barb Lee, sales and marketing manager with StreetSide Developments. "So we know we're building homes people want to live in."

Adding to that is Crossroads unbeatable location. The development is surrounded by dining and entertainment options and is less

than 10 minutes to some of Edmonton's best shopping in Southgate Centre, South Edmonton Common, and Currents at Windermere. And with many schools nearby — Monsigneur Fee Otterson School is right next door — there really is everything you could possibly need all around you.

And Crossroads is ready to impress buyers with its move-in-ready homes.

"We're offering great incentives on our homes taking possession this year," Lee says, adding that there are both 1 and 2 bedroom options available.

One of the most exciting features in building 2 is a one-bedroom floor plan starting at



CONTRIBUTED

\$187,950, allowing buyers to own for less than they would pay for rent.

"Starting at only \$800 a month you can be a homeowner and earn equity, that's hard to beat," she says. "StreetSide Developments has a Down Payment Savings Plan in place to help those trying to save in order to purchase a home." StreetSide is able to keep Crossroads affordable and attractive by trimming some fat when it comes to services within its buildings,

Lee says.

"We don't fill our buildings with amenities because that just jacks up your condo fees," she says, adding many people view that as a positive because that way they're not paying for things they might never actually use.

To learn more about this development, visit CrossroadsRutherford.com, or take the trip down to 1820 Rutherford Rd. and tour their brand new show suites.

from \$187,950

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HIGHWAY 2

STREETSIDE
DEVELOPMENTS

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Celebrate the holidays in your new home

Imagine a gorgeous new kitchen for cooking dinner this holiday season.

Brookfield Residential, a local home builder, not only has a variety of quick-possession homes available — they're also offering a complimentary dream kitchen ahead of the entertaining season.

"When people visit our show homes, they often fall in love with the kitchens," says Wendy Jabusch, VP of Homes for Brookfield Residential Edmonton. "We listened to our customers and are pleased to a variety of upgrades including quartz countertops and amazing appliances. And it's all on us. If the kitchen isn't your priority, we also have other options available."

Between Brookfield's five communities

across Edmonton, there is a variety of quick-possession townhouses, duplexes and single family homes available within 30 to 60 days.

"The communities of Lake Summerside, The Orchards and Chappelle Gardens have Residents' Associations that plan activities and events year round for residents," says Jabusch. "Before or after entertaining at home this holiday season, residents are encouraged to bring family and friends to their residents' association for activities, sports or planned events."

There are quick-possession models for everyone, from growing families to single homeowners entering the market. No matter which community and home type you choose, you can be sure to get excellent customer

service, a home with solid craftsmanship and features you will be thrilled about.

The Michelangelo in The Orchards is a three-bedroom townhouse in the high \$200,000s. It includes a double-attached garage and a master bedroom with large walk-in closet and ensuite.

Meanwhile, in the mid \$300,000s, the Alma is a duplex that includes three bedrooms, an attached garage and a galley-style kitchen with quartz counter tops and glass backsplash.

"There are so many advantages to moving into your new home before the holidays," Jabusch says. "We hope to help as many families as possible turn that dream into a reality."

For more information, visit LiveBrookfield.com.

CHOOSE YOUR HOME RATHER THAN RENTING

If you're tired of renting and not having more freedom in your home, then Brookfield Residential has some options for you.

The company understands the needs of first-time homebuyers and caters to individuals,

young families and downsizers. As a result, they offer a variety of townhome options in their communities: The Orchards, Lake Summerside, Chappelle Gardens, Paisley and Edgemont.

A majority of the townhome projects cater to low-maintenance, pet-friendly lifestyles. Have a private, landscaped yard and your own path, but don't worry about mowing the lawn or shoveling the snow. Many options include double garages, something not often found in a townhome. There is no need to wait to look for your new townhome. Brookfield Residential has a variety of quick possession townhomes across all five communities, available in 30 to 60 days. For more information, visit LiveBrookfield.com.



CONTRIBUTED

Branch out to a new community

The feeling of the country, just minutes from the city — it's the best of both worlds.

Now homebuyers can own a home with easy access to nature, at an incredible price. The Orchards at Ellerslie, a community by Brookfield Residential, based in southeast Edmonton, offers buyers the escape they've been seeking.

The Orchards is Edmonton's only community themed around the beauty of orchard groves. If you walk along the paths, you'll discover rows of flowering trees that bloom at different times throughout the year. In fact, as a gift, every new resident receives a tree themed to their street. Residents on Crabapple Loop will receive Spring Snow Crabapple trees, while those with homes on Cherry Link will receive Amur Cherry trees. Once it's complete, the community will boast 10 varieties of orchard trees.

Green space can be found throughout the community. The local park offers eight acres of space to connect and play and includes an NHL-sized hockey rink, basketball nets, a playground, tennis courts, and a tobogganing hill. These amenities are part of the Residents' Association. Its 12,000 square foot building is currently under construction, to open in 2017.

Homes in this community will be built to last. The Orchards features homes by some of Edmonton's most recognized builders. Many different types of buyers will find their perfect home here. The choices available include townhomes and duplexes, with rear-laned and front-garage homes. The Heritage styling of The Orchards allows homeowners to select architectural elements that can be incorporated into a diverse range of styles. Homeowners can personalize their homes, while also adding to the cohesive look of this master-planned community.

For those who are looking for a little more space, Grove on 25th Townhouses in The Orchards offer optional walkouts and private landscaped yards. There are several floor plans up to 1,481 square feet. Layouts include single- or double-attached garages, two or three bedrooms (or one and den), and a variety of kitchen layouts. The whole family will enjoy the low-maintenance yards and pet-friendly community.

Homebuyers will enjoy the price too — these townhouses start in the low \$200,000s.

Buyers can now explore three show homes at Grove on 25th at 3305 Orchards Link SW Edmonton. For more information, visit LiveBrookfield.com.



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metro SPORTS

Built in 1914, Wrigley Field was first known as Weeghman Park and the Cubs began playing there in 1916. The World Series shifts to Wrigley this weekend.

Ticats' Collaros back for Eskimos clash

CFL

Match could be a preview of the semifinal in the East

Hamilton Tiger-Cats quarterback Zach Collaros will get the start on Friday against the Edmonton Eskimos after sitting out the past three weeks with a concussion.

Hamilton (7-9) is second in the CFL East and guaranteed a playoff spot, but with two games left in the regular season can still overtake Ottawa (7-8-1) for first, and a bye into the East Final. The Ticats host Edmonton and Montreal while Ottawa plays a home-and-home against Winnipeg.

Meanwhile, Edmonton (8-8) has secured at least fourth in the CFL West and a crossover playoff spot, but there's a slight chance it can move up if it wins its remaining two games — they play Toronto next week — and Winnipeg loses both.

If the standings remain the same in two weeks, this game could be a preview of the East semifinal. Collaros, who has a history of concussions, said it can be frustrating during recovery because you can't do anything except rest.

"For me, it feels like you're out a lot longer than you actually are, because you can't really do anything," he said. "You can't be involved. From that standpoint it feels like I've been away for a couple months. It's only been two or three weeks."

They get a lot of production out of their offence and have a really good quarterback.

Ticats coach Kent Austin on the Eskimos offense



Mike Reilly is second-best statistical QB in the league right now. MARK TAYLOR/THE CANADIAN PRESS

Hamilton coach Kent Austin said he "feels great" about Collaros coming back, but is quick to add that the team also has confidence in back-up Jeremiah Masoli. The last time these two teams met was back on July 23, when the Ticats overcame a 31-6 third-quarter deficit to defeat the Eskimos 37-31. Masoli started that game for Hamilton and led the comeback.

Masoli also led last week's dramatic win against Ottawa. Down 27-12 at the half Hamilton, came back to win 39-36 in double overtime.

He's started eight games for Hamilton this season, compiling

a 4-4 record, throwing for 2,695 yards, 15 TDs and 12 interceptions. Collaros, who missed the first six games while recovering from knee surgery, has a 3-5 record as starter this season with 2,531 passing yards, 17 TDs and eight interceptions.

Edmonton's Mike Reilly is the league's second-leading quarterback (behind Calgary's Bo Levi Mitchell) with 5,315 passing yards and 26 touchdowns, while throwing just 12 interceptions. He has two league-leading receivers in Adarius Bowman (1,609 receiving yards, eight TDs) and Derel Walker (1,464 receiving yards, eight TDs).

Austin said his main concern is the Edmonton offence.

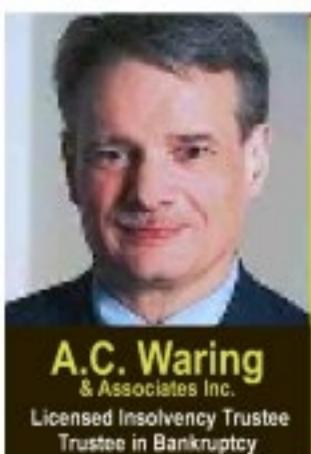
"They get a lot of production out of their offence and have a really good quarterback," he said. "If they're rolling offensively

you're going to have to score to beat them. And you've got to really play well on special teams and make sure that you win the battle of field position. Especially if they're no-huddling offensively and staying on the football field and killing the clock."

Collaros won't have a couple of his go-to receivers in the game. Luke Tasker remains on the six-game injured list and Brandon Banks is serving the second of his two-game drug suspension for violating the league's drug policy.

But he will have a new weapon in Kevin Elliott, who was signed as a free agent on Oct. 10 after being released by Toronto. Elliott made his debut as a Ticat last week against Ottawa, making five catches for 102 yards and one touchdown.

THE CANADIAN PRESS



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CANADIAN OLYMPIC COMMITTEE

\$37M more invested into Own the Podium

The Canadian Olympic Committee said Thursday it is renewing its commitment to high-performance sport by investing \$37 million in funding over the next four years through the Own The Podium program.

The funding amount is consistent with the amount the COC invested in the previous quadrennial.

Canada won 22 medals last summer at the Rio Olympics: four gold, three silver and 15 bronze.

"We've made some investments along the way and as we heard today and as we've seen first-hand in Rio, those investments are working," COC chief executive officer Chris Overholt said. "But the competitive landscape just continues to go up so we've got to keep our focus on maximizing our investment in sport."

The COC also announced it will commit \$16 million in new funding for the growth and development of the next generation of Olympians, an amount

NEXT UP

The 2018 Winter Olympics will be held in Pyeongchang, South Korea. Tokyo will host the next Summer Games in 2020.

that will be matched by the federal government.

As part of the new model, the COC will invest \$5 million into a new coaching enhancement program and another \$5 million to strengthen the capacity and resources of the country's national sport federations.

"This coaching enhancement program actually provides us with an avenue to keep coaches in Canada, build them, recruit new ones into Canada and then keep them in the system," said Coaching Association of Canada CEO Lorraine Lafreniere.

Also included in the new funding plans are \$1 million for Game Plan, a program designed to ease the athletes' transition into the workforce after they retire from competition, and \$2 million for the Canadian Olympic and Paralympic Sport Institute Network.

THE CANADIAN PRESS

Chris Overholt
TORSTAR NEWS SERVICE



IN BRIEF

Medal upgrade in cards for Canuck weightlifter Girard

An Olympic medal upgrade for Christine Girard is a reality with the official stripping of the gold from her Kazakh competitor. But there could be a lot more in store for the Canadian weightlifter.

Maiya Maneza was among eight athletes punished by the International Olympic Committee on Thursday for positive drug tests that



surfaced in a retest of samples from the 2012 Olympic Games in London. The IOC declared that Maneza must give up the gold after testing positive for the steroid stanozolol.

THE CANADIAN PRESS





Tampa Bay Lightning goaltender Ben Bishop makes a save against Montreal Canadiens' Alex Galchenyuk. THE CANADIAN PRESS/GRAHAM HUGHES

Pacioretty makes it 6 straight for Habs

NHL

Montreal captain strikes down Bolts in third period

Captain Max Pacioretty scored in the third period as the Montreal Canadiens beat the Tampa Bay Lightning 3-1 on Thursday night to extend their winning streak to six games.

Alex Galchenyuk and Torrey Mitchell, in an empty net, also scored for Montreal (7-0-1). Carey Price made 29 saves for his fourth consecutive win to start the season.

Alex Killorn scored the lone goal for the visiting Lightning (5-2-0), who lost against an Eastern-Conference opponent for the first time this season. Ben Bishop stopped 23-of-25 shots in defeat. With the score tied 1-1 in the third period, Pacioretty

THURSDAY in Montreal

3	1
CANADIENS	LIGHTNING

broke the deadlock at 10:23 by beating Bishop glove-side.

Blown coverage by the Bolts meant the Canadiens captain found himself all alone on the edge of the face-off circle, and Bishop couldn't see the shot with Andrew Shaw posted firmly in front of goal.

Montreal remains the only team still undefeated in regulation time this year. Price beat Tampa Bay for the first time in his last eight starts (1-5-2). His previous win against the Lightning was on Dec. 28, 2013.

Price wasn't tested much in the game's early going. Tampa got its first shot on net 12:14 into the game — Killorn from an extremely difficult angle.

After just a four-shot first period, the visitors were more threatening in the second.

Killorn beat Price for the game's first goal at 16:08 by deflecting home a slap pass from Victor Hedman.

Down 1-0 to start the third period, Price did his best to keep his side in the game. The Canadiens netminder robbed Ondrej Palat from close range with his toe. Price's save proved monumental just minutes later when Galchenyuk beat Bishop for his second goal of the season.

With the Canadiens on the power play, Andrei Markov fooled the Lightning with a cross-ice pass instead of taking a shot on net. The first-line centreman Galchenyuk made no mistake with the one-timer just above Bishop's glove. Jeff Petry got the play started with a spin move at the blue line.

Mitchell added the empty-netter in the game's final minute.

THE CANADIAN PRESS

IN BRIEF

Broncos' Anderson lined up for surgery on knee

A person with knowledge of the situation tells The Associated Press that Denver Broncos running back C.J. Anderson was to undergo arthroscopic surgery on his right knee Thursday and that the extent of the damage will determine how long he's out.

Anderson was injured Monday night against Houston but finished with 107 rushing yards.

THE ASSOCIATED PRESS

NBA

Wade sinks Celtics on his Bulls debut

Dwyane Wade scored 22 points in a triumphant Chicago debut, Jimmy Butler had 24 and the Bulls won their season opener, beating the Boston Celtics 105-99 on Thursday night.

Wade nailed a 3 from the corner in the final minute to make it a five-point game. Taj Gibson added 18 points and 10 rebounds, and the new-look Bulls got off to a winning start.

Isaiah Thomas led Boston with 25 points with Avery Bradley netting 16. THE ASSOCIATED PRESS



Bulls new man Dwyane Wade. GETTY IMAGES

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MASH MARKETING

RECIPE Pepperoni Pizza Grilled Cheese



PHOTO: MAYA VISNEY

Ceri Marsh & Laura Keogh
For Metro Canada

Fridays should mean low-effort, big-flavour dinners, right? Enter the ooey-gooey pizza-inspired grilled cheese to the rescue!

Ready in 20 minutes

Prep time: 10 minutes
Cook time: 10 minutes
Makes 2 sandwiches

Ingredients

- 4 slices of sourdough or wholegrain bread
- 2 tsp garlic butter
- 1/2 cup ricotta cheese
- 4 basil leaves, torn into small pieces
- 2 slices mozzarella cheese
- 16 to 20 slices of pepperoni
- 2 slices fontina cheese
- Extra virgin olive oil

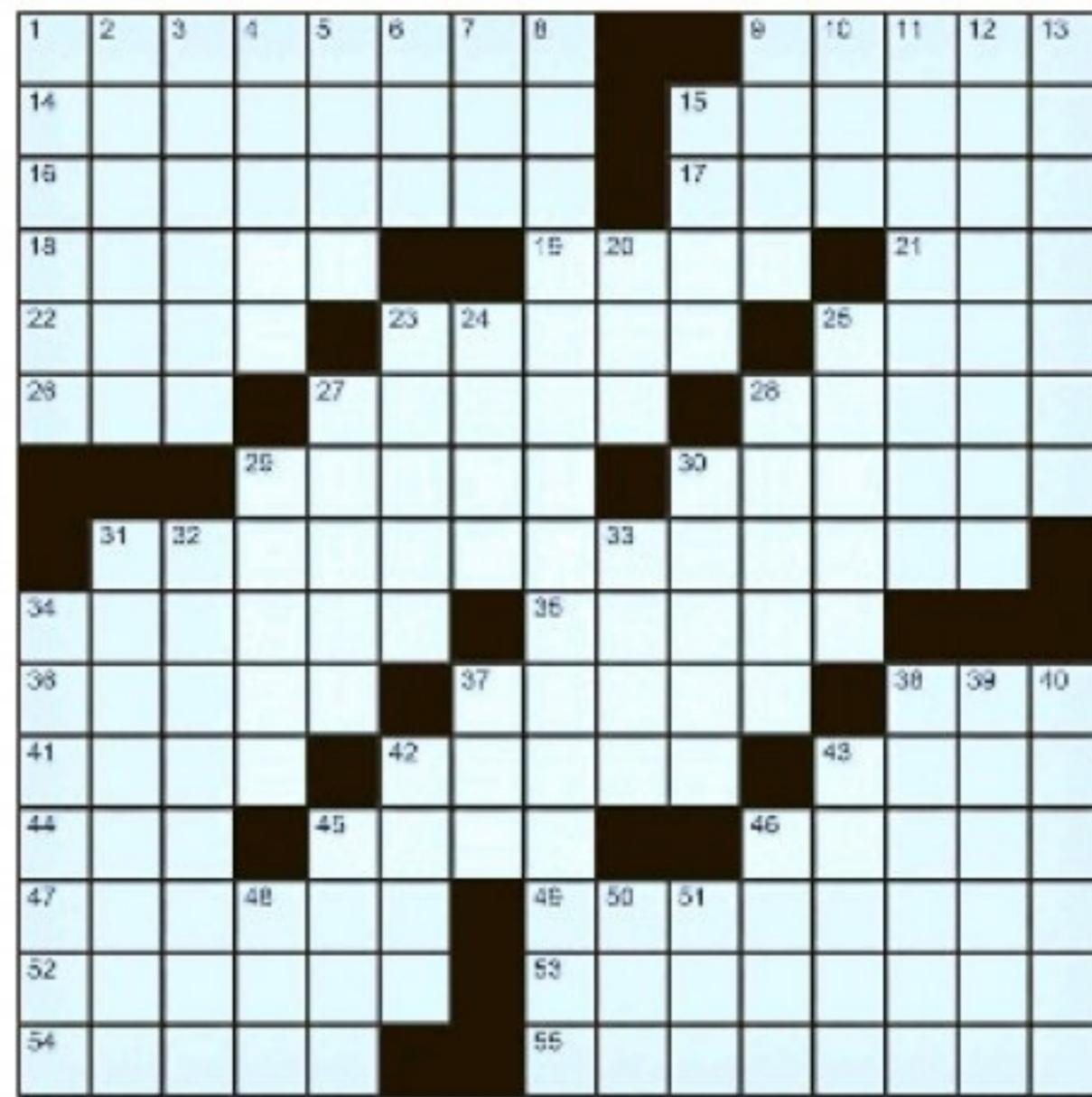
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Directions

1. Preheat a skillet over medium heat with a drizzle of olive oil.
2. Butter one side of each slice of bread. Place pieces of bread butter side down on a clean surface or cutting board. In a small bowl, mix ricotta with basil pieces. Spread one slice of bread with about a tablespoon of ricotta. Place one slice of mozzarella on ricotta cheese. Now place a layer of 8 to 10 pieces of pepperoni down. Lay a slice of fontina on other slice of bread. Close sandwich and place in skillet.
3. Grill until lightly browned and then flip over; continue grilling until cheese is melted and gooey. Repeat for second sandwich.

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

1. Oboe
9. Devilish dude
14. Super happy
15. Epoch when ancestors of the modern horse appeared
16. In _ (Without being present, Latin-style)
17. Really is reluctant
18. Church members
19. American astronaut Sally
21. Soak flax
22. Scandinavian tale
23. The way a fox would do something
25. Compete in a logrolling event
26. Ms. Wallace of "Cujo" (1983)
27. Duck's doctor?
28. Jumpy
29. TV feed's sound
30. __ peanuts
31. Joe Flaherty starred as Dr. Fred Edison on what early 1990s Sci-Fi comedy series? 2 wds.
34. Ontario's Trent-Waterway
35. Furious
36. Arctic boat
37. Suffix to 'Land'
38. Seasonal bug
41. Shakespeare King
42. Owed obligations
43. Capital of Valais, in Switzerland
44. Mountain explosive, commonly
45. Swanky transport
46. Some kicks of the football
47. Repents
49. Facing
52. "There's time still." 2 wds.
53. 1883's history-making volcano of Indonesia
54. Supporting coaches, for short
55. Most tranquil

DOWN

1. Went from unwell to well
2. Song of dawn
3. 1980 Diana Ross chart-topper: "___ Down"
4. Greek alphabet's 8th letter
5. Skeleton's char-

acteristic

6. Smidgeon of lunch
7. Installment in the 'Halloween' horror franchise
8. Tales from the Crypt printed fare: 3 wds.
9. Huffy

10. Champion
11. Sternly scold: 2 wds.
12. Big surname in fairytales
13. Snug
15. Guitar great Duane
20. Variety
23. Where Khartoum

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Avoid arguments with authority figures today, because things are just too unpredictable! If you think you see problems coming, give your boss a wide berth.

Taurus April 21 - May 21
This is an unpredictable day, so be very careful. Travel plans will be canceled or rescheduled. This also is an accident-prone day. Use caution!

Gemini May 22 - June 21
Make friends with your bank account, because something unexpected might affect your finances. Surprises related to shared property and inheritances could catch you off guard.

Cancer June 22 - July 23
Be patient and diplomatic with partners and close friends in order to avoid fights today. Everything is up for grabs!

Leo July 24 - Aug. 23
This is an accident-prone day at work. Computer crashes and equipment breakdowns will interrupt your day. Allow extra time for wiggle room.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids, so be vigilant. This also is a very dicey day for romantic relationships. Be patient with everyone.

Libra Sept. 24 - Oct. 23
Domestic strife might occur today, because chaos on the home front puts your nerves on edge. Small appliances might break down, and minor breakages could occur. Have patience.

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day, so be careful. Think carefully before you speak or do anything. Things will not unfold the way you expect them to.

Sagittarius Nov. 23 - Dec. 21
Keep an eye on your possessions and assets today. You might find money, or you might lose money. Guard your possessions against loss, theft or breakage.

Capricorn Dec. 22 - Jan. 20
You feel impulsive and impatient today. Don't let your lack of patience get you in trouble. Easy does it.

Aquarius Jan. 21 - Feb. 19
You are unsettled today. You feel as if you're waiting for the other shoe to drop. That's because today is a bit of a crapshoot, and everyone feels it.

Pisces Feb. 20 - March 20
A friend might surprise you by doing something you least expect. Don't overreact. Likewise, a group to which you belong might oppose what you say. Go gently. If you act without thinking, you could lose friends and your reputation.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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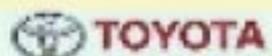
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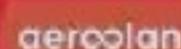
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